1  
00:00:03,700 --> 00:00:04,460  
好，同学们  
  
2  
00:00:04,620 --> 00:00:07,980  
咱们接着聊，咱们的金匮要略  
  
3  
00:00:09,000 --> 00:00:09,200  
呃  
  
4  
00:00:09,360 --> 00:00:11,240  
继续说，刚才这一段啊  
  
5  
00:00:12,200 --> 00:00:15,440  
刚才讲了一个瓜楼泻白白酒汤  
  
6  
00:00:15,520 --> 00:00:16,320  
那么课后呢  
  
7  
00:00:16,320 --> 00:00:16,800  
同学们  
  
8  
00:00:17,320 --> 00:00:20,110  
呃，讨论了一下这个酒的源流啊  
  
9  
00:00:20,110 --> 00:00:21,990  
那么用呢，是用什么酒啊  
  
10  
00:00:22,590 --> 00:00:26,640  
呃，那么刚才有同学问我说黄酒行不行  
  
11  
00:00:26,640 --> 00:00:28,600  
刚才我就总结了一下啊  
  
12  
00:00:29,620 --> 00:00:32,500  
那么你看张岩先生这个论述非常的精到  
  
13  
00:00:32,500 --> 00:00:36,270  
他就告诉你喝完了之后，去小便去得多的  
  
14  
00:00:36,590 --> 00:00:38,150  
这个酒肯定急性下降  
  
15  
00:00:38,390 --> 00:00:39,470  
但是我又插了一句  
  
16  
00:00:39,470 --> 00:00:42,020  
我说这个里头不能加以人工，没错吧  
  
17  
00:00:42,380 --> 00:00:43,660  
他要全是天然的东西  
  
18  
00:00:43,660 --> 00:00:45,260  
你不能把人工的东西加上去  
  
19  
00:00:45,500 --> 00:00:46,860  
那你这就不好弄了啊  
  
20  
00:00:47,540 --> 00:00:48,420  
呃，但是  
  
21  
00:00:50,170 --> 00:00:51,370  
我们讲这么一个道理  
  
22  
00:00:51,410 --> 00:00:53,290  
你说那个伤寒论金匮要略之中  
  
23  
00:00:53,290 --> 00:00:54,450  
其实用酒的地方很多  
  
24  
00:00:55,010 --> 00:00:56,210  
比如炙甘草汤  
  
25  
00:00:56,430 --> 00:00:57,510  
比如当归四逆汤  
  
26  
00:00:57,790 --> 00:01:00,390  
那么每种地方为什么用酒还用的不一样  
  
27  
00:01:00,550 --> 00:01:01,710  
其实无外乎升降  
  
28  
00:01:01,790 --> 00:01:02,950  
从这个角度来说啊  
  
29  
00:01:02,950 --> 00:01:03,710  
无外乎升降  
  
30  
00:01:04,040 --> 00:01:05,480  
那么也就是炙甘草汤呢  
  
31  
00:01:05,480 --> 00:01:06,840  
它要恢复人的脉象  
  
32  
00:01:07,080 --> 00:01:08,440  
那脉象为啥结带了  
  
33  
00:01:08,800 --> 00:01:10,240  
因为这个时候脾胃啊  
  
34  
00:01:10,540 --> 00:01:12,500  
我们说中焦受气，取汁变化  
  
35  
00:01:12,500 --> 00:01:13,420  
而赤是谓血的  
  
36  
00:01:13,420 --> 00:01:16,770  
这个过程，他中焦分清浊分不出来了吧  
  
37  
00:01:17,050 --> 00:01:19,290  
所以脉象打结了，结在一起  
  
38  
00:01:19,700 --> 00:01:21,300  
那么出现了接待之象  
  
39  
00:01:21,300 --> 00:01:23,700  
因此它要升轻之力要比较大  
  
40  
00:01:24,900 --> 00:01:25,620  
所以他用什么酒  
  
41  
00:01:25,620 --> 00:01:26,140  
用清酒  
  
42  
00:01:26,780 --> 00:01:27,340  
没错吧  
  
43  
00:01:28,150 --> 00:01:30,870  
那么咱们这个用白酒是降浊没错吧  
  
44  
00:01:31,270 --> 00:01:33,830  
升清用清酒降浊用什么用浊酒  
  
45  
00:01:33,950 --> 00:01:35,950  
浊酒就是白酒也白色的酒  
  
46  
00:01:36,500 --> 00:01:36,700  
呃  
  
47  
00:01:36,740 --> 00:01:38,300  
那么你就可以自由发挥啊  
  
48  
00:01:38,540 --> 00:01:40,420  
自由发挥呃，在这呢  
  
49  
00:01:40,420 --> 00:01:42,020  
稍稍的做个小结  
  
50  
00:01:42,930 --> 00:01:43,130  
呃  
  
51  
00:01:43,370 --> 00:01:45,890  
愈加严宫清代的大一家啊  
  
52  
00:01:45,930 --> 00:01:46,850  
他说这么一句话  
  
53  
00:01:47,410 --> 00:01:48,850  
呃，点一下啊  
  
54  
00:01:48,850 --> 00:01:50,830  
大家注意一下，呃  
  
55  
00:01:50,830 --> 00:01:53,590  
他说这么讲叫胸壁者阳不主事  
  
56  
00:01:54,110 --> 00:01:56,070  
阴气在上之侯也  
  
57  
00:01:56,950 --> 00:01:59,890  
他说了八个字叫杨不主事，对吧  
  
58  
00:01:59,890 --> 00:02:01,650  
胸阳之谓他不能主事，叫什么  
  
59  
00:02:01,650 --> 00:02:02,210  
什么在上呢  
  
60  
00:02:02,210 --> 00:02:03,770  
叫阴气在上没错吧  
  
61  
00:02:04,290 --> 00:02:04,890  
阳不主事  
  
62  
00:02:04,930 --> 00:02:06,650  
阴气在上之候也  
  
63  
00:02:07,970 --> 00:02:08,570  
仲景呢  
  
64  
00:02:09,970 --> 00:02:10,250  
呃  
  
65  
00:02:11,510 --> 00:02:14,830  
微则用泻白白酒以通气昂  
  
66  
00:02:14,830 --> 00:02:18,790  
那么就是比较轻的时候用泻白白酒以通阳为用  
  
67  
00:02:19,920 --> 00:02:22,080  
那么因为阳不主是浊阴向上嘛  
  
68  
00:02:23,000 --> 00:02:23,920  
肾则用什么呢  
  
69  
00:02:24,040 --> 00:02:25,440  
那就比较重的时候用什么呢  
  
70  
00:02:25,440 --> 00:02:28,010  
用附子干姜，以消其音  
  
71  
00:02:28,650 --> 00:02:31,690  
那么这句话我觉得他是提纲挈领的  
  
72  
00:02:32,170 --> 00:02:36,880  
总结了整个金匮要略之中对于胸壁政治的内涵  
  
73  
00:02:37,040 --> 00:02:38,120  
那么大家把它呢  
  
74  
00:02:38,520 --> 00:02:38,800  
呃  
  
75  
00:02:40,520 --> 00:02:41,040  
记一下啊  
  
76  
00:02:41,040 --> 00:02:43,280  
这个拓展一下有用好  
  
77  
00:02:43,520 --> 00:02:47,320  
你们接着看下头这个条文瓜楼泻白半夏汤  
  
78  
00:02:49,350 --> 00:02:53,770  
瓜蒌泻白半夏汤的汤正啊，条文比较简要  
  
79  
00:02:53,810 --> 00:02:54,690  
他说，这么一事  
  
80  
00:02:55,330 --> 00:02:55,530  
呃  
  
81  
00:02:55,610 --> 00:02:56,450  
胸壁不得卧  
  
82  
00:02:57,010 --> 00:02:58,370  
心痛彻背  
  
83  
00:02:59,460 --> 00:03:01,820  
那么咱们说到这了之后呢  
  
84  
00:03:02,300 --> 00:03:04,640  
呃，所谓内经啊  
  
85  
00:03:04,680 --> 00:03:07,320  
那么有这么一句话，脉要精微  
  
86  
00:03:07,320 --> 00:03:11,400  
论中间说了叫背者胸中之腹  
  
87  
00:03:11,600 --> 00:03:12,520  
我写一下啊  
  
88  
00:03:16,980 --> 00:03:19,140  
背者是什么呢  
  
89  
00:03:22,120 --> 00:03:22,880  
胸中  
  
90  
00:03:26,660 --> 00:03:31,580  
知府呃  
  
91  
00:03:36,700 --> 00:03:38,740  
那么所谓  
  
92  
00:03:42,000 --> 00:03:43,880  
胸中之腹啊，这个后背  
  
93  
00:03:44,520 --> 00:03:45,240  
因此他呢  
  
94  
00:03:45,240 --> 00:03:49,520  
单独提了一个问题叫心痛彻背啊  
  
95  
00:03:49,600 --> 00:03:50,240  
心痛彻背  
  
96  
00:03:51,080 --> 00:03:51,320  
呃  
  
97  
00:03:51,440 --> 00:03:51,920  
而且呢  
  
98  
00:03:51,920 --> 00:03:53,280  
告诉你叫胸壁，怎么着呢  
  
99  
00:03:53,280 --> 00:03:54,360  
叫不得卧啊  
  
100  
00:03:54,360 --> 00:03:56,000  
那么这个时候人躺不下了吧  
  
101  
00:03:56,310 --> 00:03:56,630  
对吧  
  
102  
00:03:56,950 --> 00:03:57,790  
哎，说都躺不下  
  
103  
00:03:58,030 --> 00:03:59,950  
因此，从这个简单的论述  
  
104  
00:04:00,500 --> 00:04:05,140  
瓜蒌泻白白酒汤之所以区别于瓜楼泻白半夏汤  
  
105  
00:04:05,180 --> 00:04:05,940  
其实差在哪  
  
106  
00:04:05,940 --> 00:04:07,380  
儿有没有差异  
  
107  
00:04:07,380 --> 00:04:08,020  
有的啊  
  
108  
00:04:08,350 --> 00:04:09,910  
就差这一点上，非常简单  
  
109  
00:04:09,910 --> 00:04:10,830  
就是比他严重  
  
110  
00:04:11,190 --> 00:04:11,670  
看见了吧  
  
111  
00:04:12,110 --> 00:04:12,310  
哎  
  
112  
00:04:12,310 --> 00:04:13,750  
严重到什么程度算严重  
  
113  
00:04:14,030 --> 00:04:17,110  
那么重点监师非常明确的告诉你啊  
  
114  
00:04:17,709 --> 00:04:19,720  
第一，他就俩要素  
  
115  
00:04:19,800 --> 00:04:20,200  
第一  
  
116  
00:04:21,160 --> 00:04:22,920  
不得物没错吧  
  
117  
00:04:23,890 --> 00:04:24,730  
哎，不得卧  
  
118  
00:04:26,550 --> 00:04:28,470  
第二，怎么着了  
  
119  
00:04:29,350 --> 00:04:32,350  
那么心痛，而且疼到哪呢  
  
120  
00:04:33,770 --> 00:04:35,410  
侧背就是钱  
  
121  
00:04:35,410 --> 00:04:36,050  
心疼啊  
  
122  
00:04:36,470 --> 00:04:37,590  
一直疼到哪啊  
  
123  
00:04:37,630 --> 00:04:38,510  
疼到后背上  
  
124  
00:04:38,790 --> 00:04:40,430  
因此这个在临临证的时候  
  
125  
00:04:40,430 --> 00:04:42,910  
咱们其实就可以比较简单的呃  
  
126  
00:04:43,110 --> 00:04:44,150  
把它理清楚  
  
127  
00:04:44,690 --> 00:04:47,930  
呃，那么当这个疾病不重  
  
128  
00:04:48,010 --> 00:04:49,370  
只是咳喘啊  
  
129  
00:04:49,880 --> 00:04:52,120  
这个咳逆喘息这种这种状态  
  
130  
00:04:52,520 --> 00:04:53,600  
呃，短气的状态  
  
131  
00:04:53,920 --> 00:04:54,680  
胸闷的状态  
  
132  
00:04:54,680 --> 00:04:56,200  
那么就用白酒汤，没错吧  
  
133  
00:04:56,520 --> 00:04:58,280  
但是已经躺不下了  
  
134  
00:04:58,320 --> 00:04:58,880  
疼疼  
  
135  
00:04:58,920 --> 00:04:59,640  
前胸后背疼  
  
136  
00:05:00,200 --> 00:05:01,360  
呃到这种程度  
  
137  
00:05:01,820 --> 00:05:04,140  
半夏汤那么这个瓜罗谢白半夏汤  
  
138  
00:05:04,140 --> 00:05:07,700  
它的组成跟瓜罗谢白白酒汤只有一药一味之差  
  
139  
00:05:07,940 --> 00:05:09,020  
就是加了一个半夏  
  
140  
00:05:09,410 --> 00:05:10,490  
半夏在这干什么  
  
141  
00:05:10,490 --> 00:05:12,290  
我们讲散结降逆吧  
  
142  
00:05:12,710 --> 00:05:13,950  
咱们刚才说过这个问题  
  
143  
00:05:14,190 --> 00:05:16,350  
那么阳不能主事则浊  
  
144  
00:05:16,350 --> 00:05:18,030  
阴干于阳位  
  
145  
00:05:18,550 --> 00:05:19,830  
这个时候半夏干什么  
  
146  
00:05:19,830 --> 00:05:21,190  
咱们早就讲过这个问题  
  
147  
00:05:21,630 --> 00:05:23,790  
半夏者5月半夏生  
  
148  
00:05:24,240 --> 00:05:26,720  
那么5月下半是阳气最隆盛的时候  
  
149  
00:05:26,880 --> 00:05:27,840  
他在那个时候生  
  
150  
00:05:28,280 --> 00:05:30,960  
相当于阳气，引阳干什么  
  
151  
00:05:31,120 --> 00:05:35,640  
引阳入阴，让这个这个在阳位的阴邪怎么样啊  
  
152  
00:05:36,100 --> 00:05:36,980  
让它降下去  
  
153  
00:05:37,220 --> 00:05:39,060  
因此说半夏能止呕  
  
154  
00:05:39,380 --> 00:05:40,900  
半夏能化痰  
  
155  
00:05:41,380 --> 00:05:42,460  
半夏能降逆  
  
156  
00:05:42,930 --> 00:05:43,450  
没错吧  
  
157  
00:05:43,770 --> 00:05:44,930  
它都是这一个道理  
  
158  
00:05:44,930 --> 00:05:47,410  
它会往下降，用半夏给它加一把劲儿  
  
159  
00:05:47,730 --> 00:05:48,690  
与此同时呢  
  
160  
00:05:49,190 --> 00:05:52,630  
呃，大家发现其中一个药少了谁少了  
  
161  
00:05:54,540 --> 00:05:56,100  
谢白为啥蟹白少了  
  
162  
00:05:57,830 --> 00:06:00,070  
你就从我刚才说的你就能明白了  
  
163  
00:06:00,070 --> 00:06:01,670  
无非两个字，升降  
  
164  
00:06:02,070 --> 00:06:02,310  
哎  
  
165  
00:06:02,470 --> 00:06:03,590  
咱们有同学听明白了  
  
166  
00:06:03,710 --> 00:06:05,110  
无非两个字，哪两个字啊  
  
167  
00:06:05,420 --> 00:06:06,140  
升降而已  
  
168  
00:06:06,540 --> 00:06:09,580  
那么我们因为之前讲过瓜楼石是主降的  
  
169  
00:06:09,980 --> 00:06:11,980  
蟹白是主什么主升的  
  
170  
00:06:12,300 --> 00:06:14,350  
那么现在心痛彻背  
  
171  
00:06:14,390 --> 00:06:16,990  
那么说明气现在降不降得下去啊  
  
172  
00:06:17,510 --> 00:06:18,230  
降不下去  
  
173  
00:06:18,230 --> 00:06:22,070  
因此我们在保留了瓜楼石的前提下  
  
174  
00:06:22,430 --> 00:06:23,150  
加上蟹白  
  
175  
00:06:23,270 --> 00:06:24,350  
与此同时  
  
176  
00:06:24,990 --> 00:06:28,430  
减掉了能够温升的泻白的剂量  
  
177  
00:06:28,790 --> 00:06:29,310  
没错吧  
  
178  
00:06:29,670 --> 00:06:31,270  
哎，把蟹白的剂量怎么样啊  
  
179  
00:06:31,590 --> 00:06:32,510  
再把它减下去  
  
180  
00:06:32,870 --> 00:06:35,310  
因此这个呢就是让它更加有利的速降  
  
181  
00:06:35,670 --> 00:06:36,510  
与此同时  
  
182  
00:06:37,180 --> 00:06:39,700  
呃，白酒的力量加强了  
  
183  
00:06:40,220 --> 00:06:42,020  
从7L变成了多少啊  
  
184  
00:06:42,760 --> 00:06:43,440  
变成一斗  
  
185  
00:06:43,840 --> 00:06:44,920  
那么大家也知道了  
  
186  
00:06:44,920 --> 00:06:48,870  
那么白酒是不是它的作用也是生而后怎么样下降  
  
187  
00:06:48,870 --> 00:06:49,390  
没错吧  
  
188  
00:06:49,590 --> 00:06:49,790  
哎  
  
189  
00:06:49,790 --> 00:06:51,390  
所以这个大家就知道了  
  
190  
00:06:51,390 --> 00:06:52,590  
为啥他用的是白酒  
  
191  
00:06:52,590 --> 00:06:53,070  
白酒呢  
  
192  
00:06:53,070 --> 00:06:55,390  
括号，咱们知道是古人说的米酒  
  
193  
00:06:55,670 --> 00:06:56,750  
也就是浊酒吧  
  
194  
00:06:57,010 --> 00:06:57,210  
哎  
  
195  
00:06:57,210 --> 00:06:58,730  
并不是我们今天说的白酒啊  
  
196  
00:06:59,700 --> 00:07:01,260  
今天白酒它蒸馏的作用  
  
197  
00:07:01,460 --> 00:07:02,380  
酒糟沉下去  
  
198  
00:07:02,380 --> 00:07:03,340  
酒上去，对吧  
  
199  
00:07:03,540 --> 00:07:05,500  
他反倒是一个升升清的作用啊  
  
200  
00:07:06,140 --> 00:07:06,860  
两种东西  
  
201  
00:07:08,100 --> 00:07:08,300  
呃  
  
202  
00:07:08,300 --> 00:07:10,060  
所以你哪怕你用的是那个  
  
203  
00:07:10,750 --> 00:07:14,150  
就当年张延安说的是主升耳不煮降的那个黄酒  
  
204  
00:07:14,430 --> 00:07:17,750  
其实也比我们今天用那个那个散装白酒效果好啊  
  
205  
00:07:18,030 --> 00:07:19,110  
也比那个效果好  
  
206  
00:07:20,160 --> 00:07:24,320  
呃，那么如果你说老师我在临床实在找不着米酒咋办  
  
207  
00:07:24,360 --> 00:07:25,600  
那你多加点半夏呗  
  
208  
00:07:26,040 --> 00:07:27,000  
你明白啥意思了吧  
  
209  
00:07:27,240 --> 00:07:31,120  
其实就是两个操纵杆，一个往上升  
  
210  
00:07:31,640 --> 00:07:32,400  
一个往下降  
  
211  
00:07:32,880 --> 00:07:34,680  
呃，上头症状严重  
  
212  
00:07:35,720 --> 00:07:36,360  
躺不下了  
  
213  
00:07:36,880 --> 00:07:38,200  
那怎么证明上头症状  
  
214  
00:07:38,200 --> 00:07:39,200  
炎症躺不下了  
  
215  
00:07:40,150 --> 00:07:43,310  
心脏疼，疼到背上就证明上头严重  
  
216  
00:07:43,550 --> 00:07:44,030  
对不对啊  
  
217  
00:07:44,230 --> 00:07:45,230  
你就让它往下降  
  
218  
00:07:46,030 --> 00:07:47,190  
那么上头相对轻  
  
219  
00:07:47,750 --> 00:07:50,150  
那你就让它往上升就完事儿了呗  
  
220  
00:07:50,460 --> 00:07:50,660  
哎  
  
221  
00:07:50,700 --> 00:07:52,060  
就是这两个操纵杆  
  
222  
00:07:52,060 --> 00:07:52,780  
一个往前推  
  
223  
00:07:52,780 --> 00:07:53,460  
一个往后拽  
  
224  
00:07:53,820 --> 00:07:54,620  
一个往上去  
  
225  
00:07:54,620 --> 00:07:55,380  
一个往下走  
  
226  
00:07:55,620 --> 00:08:00,200  
完事了挂楼谢白白酒汤瓜楼谢白半夏汤讲完了啊  
  
227  
00:08:00,200 --> 00:08:03,280  
就这么点事，所以他所治疗的问题  
  
228  
00:08:03,640 --> 00:08:06,080  
那么用仲景先师的脉症来说  
  
229  
00:08:06,080 --> 00:08:10,390  
叫做阳为阴险，所说之事就是阳不能主事  
  
230  
00:08:10,590 --> 00:08:12,930  
而阴气盛于阳位啊  
  
231  
00:08:12,970 --> 00:08:16,630  
所见之症状无非喘息咳唾啊  
  
232  
00:08:16,630 --> 00:08:19,310  
那么短期包括所谓不得卧呢  
  
233  
00:08:19,790 --> 00:08:21,030  
心痛彻背诸症  
  
234  
00:08:21,270 --> 00:08:25,000  
那么瓜楼谢白这个类方到这结束了啊  
  
235  
00:08:25,000 --> 00:08:28,760  
就俩方就俩方，临床上我们可以用的很多啊  
  
236  
00:08:28,880 --> 00:08:29,560  
冠心病啊  
  
237  
00:08:29,560 --> 00:08:31,250  
心绞痛啊，等等啊  
  
238  
00:08:31,290 --> 00:08:34,970  
甚至是我有的时候把它穿插到心梗的治疗之中啊  
  
239  
00:08:35,169 --> 00:08:36,090  
那么也会应用  
  
240  
00:08:37,130 --> 00:08:39,770  
呃，是我们临床上每天都开的一个房子  
  
241  
00:08:40,010 --> 00:08:42,490  
特别好好看下头  
  
242  
00:08:44,090 --> 00:08:44,290  
呃  
  
243  
00:08:44,690 --> 00:08:46,250  
这块是一个对方啊  
  
244  
00:08:46,330 --> 00:08:47,850  
非常有意思，呃  
  
245  
00:08:48,010 --> 00:08:51,130  
胸痹心中痞气，气结在胸  
  
246  
00:08:52,290 --> 00:08:55,770  
胸满胁下，逆抢心止吃泻白桂枝汤主之  
  
247  
00:08:55,770 --> 00:08:56,690  
人参汤亦主之  
  
248  
00:08:57,170 --> 00:08:58,890  
那么这种论述方式  
  
249  
00:08:58,930 --> 00:09:02,140  
我之前在讲总论的时候曾经跟大家说过吧  
  
250  
00:09:03,100 --> 00:09:08,050  
在金柜之中经常出现，没错吧  
  
251  
00:09:08,530 --> 00:09:08,730  
哎  
  
252  
00:09:08,770 --> 00:09:09,730  
小青龙汤主之  
  
253  
00:09:10,450 --> 00:09:12,250  
大青龙汤主治，小青龙汤一主之  
  
254  
00:09:12,250 --> 00:09:12,730  
没错吧  
  
255  
00:09:13,010 --> 00:09:15,530  
那么总会有类似的内容出现啊  
  
256  
00:09:16,060 --> 00:09:16,260  
呃  
  
257  
00:09:16,580 --> 00:09:19,200  
那为什么我当时给大家讲了一个问题  
  
258  
00:09:19,560 --> 00:09:19,760  
呃  
  
259  
00:09:20,000 --> 00:09:20,800  
金匮要略啊  
  
260  
00:09:20,880 --> 00:09:26,420  
它所守者无非是人体生理转化的官窍  
  
261  
00:09:27,180 --> 00:09:27,700  
没错吧  
  
262  
00:09:28,220 --> 00:09:29,660  
那么守住这关窍之后  
  
263  
00:09:30,340 --> 00:09:32,180  
他那跟伤寒就两回事  
  
264  
00:09:32,460 --> 00:09:35,660  
伤寒是守住人体的开合书的六经  
  
265  
00:09:36,650 --> 00:09:38,290  
开书六经就有这么特点啊  
  
266  
00:09:38,290 --> 00:09:39,890  
就是主气脉是不是  
  
267  
00:09:40,060 --> 00:09:41,540  
那么伤寒论用的是气脉  
  
268  
00:09:41,860 --> 00:09:42,940  
金匮要略用的是关窍  
  
269  
00:09:42,940 --> 00:09:46,420  
这也在我们一开始讲的时候给大家反复的说过，不再赘述了  
  
270  
00:09:46,700 --> 00:09:48,480  
那么如果在气脉的话  
  
271  
00:09:48,480 --> 00:09:51,120  
那你就可以做到六经前百病啥意思  
  
272  
00:09:51,640 --> 00:09:53,680  
你这个病跟他这个病不是一个病  
  
273  
00:09:53,680 --> 00:09:54,960  
但我都用一个方  
  
274  
00:09:56,030 --> 00:09:56,590  
没错吧  
  
275  
00:09:56,950 --> 00:10:00,980  
所以你千万不要妄下断言  
  
276  
00:10:01,300 --> 00:10:04,500  
说中医特点就是可以异病同治  
  
277  
00:10:04,500 --> 00:10:05,780  
所有病我就用一个方  
  
278  
00:10:05,980 --> 00:10:08,020  
它只是特点的之一  
  
279  
00:10:09,240 --> 00:10:11,120  
特点的A面，明白了吧  
  
280  
00:10:11,560 --> 00:10:15,490  
你翻过来还有B面，就是同样一个病  
  
281  
00:10:15,690 --> 00:10:17,130  
我既可以用这个方式  
  
282  
00:10:17,170 --> 00:10:18,210  
也可以用那个方治  
  
283  
00:10:18,530 --> 00:10:19,570  
他守的是官窍  
  
284  
00:10:19,970 --> 00:10:21,090  
因为同一个官窍  
  
285  
00:10:22,380 --> 00:10:24,820  
那么我既可以从这个角度去解它  
  
286  
00:10:25,220 --> 00:10:26,940  
又可以从那个角度解它，没错吧  
  
287  
00:10:27,650 --> 00:10:30,250  
那么前者我们说六经之病，你不同的病  
  
288  
00:10:30,610 --> 00:10:32,810  
只要你都是这这条经少阳经  
  
289  
00:10:33,510 --> 00:10:35,870  
我都可以一一个小柴胡汤一以贯之  
  
290  
00:10:36,390 --> 00:10:38,670  
是不是那气脉和官窍之别啊  
  
291  
00:10:38,870 --> 00:10:40,710  
一个是可以异病同治  
  
292  
00:10:40,710 --> 00:10:42,470  
一个可以叫什么同病异治啊  
  
293  
00:10:42,510 --> 00:10:45,270  
所以讲这个问题，他是金匮要略的一个学术特征  
  
294  
00:10:45,540 --> 00:10:46,820  
那么现在我们就想想  
  
295  
00:10:46,860 --> 00:10:48,740  
首先你得看明白他是什么病啊  
  
296  
00:10:49,140 --> 00:10:50,100  
说这么一个问题  
  
297  
00:10:50,790 --> 00:10:52,230  
胸满，首先他给你讲了一个问题  
  
298  
00:10:52,230 --> 00:10:55,540  
心中脾气气结带胸，那个那个胸满啊  
  
299  
00:10:55,620 --> 00:10:57,500  
胸壁呃，这么一溜儿啊  
  
300  
00:10:57,780 --> 00:11:00,940  
其实他说的就是俩字儿胸满啊  
  
301  
00:11:01,580 --> 00:11:02,580  
胸满啥意思啊  
  
302  
00:11:03,300 --> 00:11:04,980  
胸围养胃啊，啊  
  
303  
00:11:04,980 --> 00:11:10,360  
就是这个指食谢白桂枝汤证是不是啊  
  
304  
00:11:11,720 --> 00:11:14,200  
洁白桂枝汤  
  
305  
00:11:17,160 --> 00:11:19,720  
他说的第一个问题无非是啥呢  
  
306  
00:11:20,120 --> 00:11:21,200  
就是胸闷  
  
307  
00:11:27,000 --> 00:11:29,560  
那么胸满就说明胸为阳位是吧  
  
308  
00:11:31,080 --> 00:11:32,960  
那么胸围阳翘啊  
  
309  
00:11:33,160 --> 00:11:33,920  
胸为阳跳  
  
310  
00:11:35,230 --> 00:11:39,470  
那么这个呃，杨翘被堵了之后啊  
  
311  
00:11:39,470 --> 00:11:40,270  
这是第一个问题  
  
312  
00:11:40,950 --> 00:11:44,760  
那么第二个问题，谁把他堵的问题就来了吧  
  
313  
00:11:45,160 --> 00:11:48,200  
所以底下这句话非常重要  
  
314  
00:11:48,200 --> 00:11:49,800  
因此我在这提示一个问题啊  
  
315  
00:11:50,320 --> 00:11:51,940  
有很多同道  
  
316  
00:11:52,540 --> 00:11:54,340  
那么看到这个金贵啊  
  
317  
00:11:54,340 --> 00:11:56,500  
有的时候他也会有一种疑惑  
  
318  
00:11:57,080 --> 00:11:59,320  
就是同样一个病，为啥整这么多房子  
  
319  
00:12:00,520 --> 00:12:02,500  
发现了没有，好多个方啊  
  
320  
00:12:02,540 --> 00:12:05,020  
就同样不是，这都是心动车位吗  
  
321  
00:12:05,290 --> 00:12:06,770  
那你整出多少方  
  
322  
00:12:06,770 --> 00:12:09,370  
你从头到尾你数一下挂楼谢白半夏汤  
  
323  
00:12:09,770 --> 00:12:12,730  
挂楼谢白白酒白酒汤只是蟹白桂枝汤对吧  
  
324  
00:12:13,040 --> 00:12:15,010  
所谓那个举止，江呃  
  
325  
00:12:15,170 --> 00:12:17,890  
茯苓，杏仁、甘草、桂枝、生姜、枳实等等啊  
  
326  
00:12:18,570 --> 00:12:21,330  
整这么多方，那你就整一个方不行吗  
  
327  
00:12:21,530 --> 00:12:22,090  
不行  
  
328  
00:12:22,640 --> 00:12:25,300  
因为他那那个内里的关窍吧  
  
329  
00:12:25,420 --> 00:12:26,620  
他微微有点差异  
  
330  
00:12:26,780 --> 00:12:29,500  
刚才我们讲的是一个最基础的一个阵型  
  
331  
00:12:29,500 --> 00:12:30,340  
大家看清楚了吧  
  
332  
00:12:30,580 --> 00:12:32,140  
就是浊阴干于阳胃  
  
333  
00:12:32,340 --> 00:12:34,660  
那么一个降一个升就完事了啊  
  
334  
00:12:35,020 --> 00:12:36,500  
这个就不是基础问题了  
  
335  
00:12:36,500 --> 00:12:37,220  
这个是咋来的  
  
336  
00:12:37,220 --> 00:12:38,180  
我给你看一下啊  
  
337  
00:12:39,050 --> 00:12:40,290  
你看他后头还说了一句话  
  
338  
00:12:41,570 --> 00:12:43,130  
这句话非常的重要啊  
  
339  
00:12:43,210 --> 00:12:44,530  
这句话非常的重要  
  
340  
00:12:47,940 --> 00:12:55,440  
叫斜下逆抢新  
  
341  
00:12:57,740 --> 00:12:58,620  
呃啥意思  
  
342  
00:12:58,620 --> 00:12:59,540  
斜下是一个部位  
  
343  
00:13:00,340 --> 00:13:01,540  
咱们说那个胁肋支部  
  
344  
00:13:01,620 --> 00:13:06,020  
它一般是肝肝胆少阳之部位，对吧主舒肌啊  
  
345  
00:13:06,340 --> 00:13:10,220  
这个首先是是是是是肝胆肝胆的那个那个部位  
  
346  
00:13:12,440 --> 00:13:14,920  
邵阳逆是啥意思呢  
  
347  
00:13:15,800 --> 00:13:18,360  
就是不顺应人体气脉，就叫逆  
  
348  
00:13:19,440 --> 00:13:22,160  
你往哪儿走了，往新走  
  
349  
00:13:23,570 --> 00:13:24,650  
因此说明一个问题  
  
350  
00:13:24,650 --> 00:13:25,050  
同学们  
  
351  
00:13:25,050 --> 00:13:26,930  
我们一定要讲这个来龙去脉  
  
352  
00:13:26,930 --> 00:13:30,690  
我在临床上天天跟我学生说的最多的就是来龙去脉  
  
353  
00:13:30,690 --> 00:13:31,850  
来龙去脉，没错吧  
  
354  
00:13:32,140 --> 00:13:34,300  
那么这个胸满，此胸满  
  
355  
00:13:34,380 --> 00:13:35,180  
非彼胸满  
  
356  
00:13:35,590 --> 00:13:36,830  
他俩不是一个前头  
  
357  
00:13:36,830 --> 00:13:38,750  
你无论他说的多好啊  
  
358  
00:13:38,830 --> 00:13:40,550  
什么心中痞硬啊还是咋着  
  
359  
00:13:40,790 --> 00:13:41,590  
那都是形容词  
  
360  
00:13:41,630 --> 00:13:42,510  
明白啥意思了吧  
  
361  
00:13:42,630 --> 00:13:43,750  
它都是形容这个  
  
362  
00:13:43,750 --> 00:13:44,470  
形容这个胸满  
  
363  
00:13:44,630 --> 00:13:47,190  
这个胸满有一个最大的特征，就是他胁肋胀痛  
  
364  
00:13:48,660 --> 00:13:50,180  
肩胁痛，这个你就明白了吧  
  
365  
00:13:50,540 --> 00:13:51,740  
那么肩胁痛的胸板  
  
366  
00:13:51,780 --> 00:13:56,080  
说明这个气不是从一般的呀  
  
367  
00:13:56,120 --> 00:13:56,600  
我说  
  
368  
00:13:56,600 --> 00:13:59,360  
比如说从下焦，从肾或者从寒  
  
369  
00:13:59,680 --> 00:14:00,280  
从这儿来  
  
370  
00:14:00,560 --> 00:14:03,080  
它有一个特殊的地方，从肝  
  
371  
00:14:03,670 --> 00:14:05,950  
我们说肝这个脏器，它总惹事  
  
372  
00:14:06,590 --> 00:14:06,990  
为啥  
  
373  
00:14:07,190 --> 00:14:08,070  
它为啥总惹事  
  
374  
00:14:08,070 --> 00:14:08,830  
因为它有能量  
  
375  
00:14:09,270 --> 00:14:10,190  
它为啥有能量  
  
376  
00:14:10,430 --> 00:14:12,810  
因为它主生发，明白了吧  
  
377  
00:14:13,050 --> 00:14:14,810  
就你吃谁的，你就嘴短  
  
378  
00:14:14,850 --> 00:14:16,010  
咱咱们说这个道理啊  
  
379  
00:14:16,290 --> 00:14:18,410  
拿谁的就手短，一个道理  
  
380  
00:14:18,850 --> 00:14:22,370  
那么你你你人整个的生发都靠谁来维系啊  
  
381  
00:14:22,730 --> 00:14:23,410  
靠肝脏  
  
382  
00:14:23,700 --> 00:14:26,540  
所以肝脏他的脾气是最暴的，对不对  
  
383  
00:14:26,820 --> 00:14:29,620  
但是由于他的主升发，他权力大  
  
384  
00:14:30,030 --> 00:14:31,230  
我们又得制约它  
  
385  
00:14:31,550 --> 00:14:33,510  
所以不得不让它在下焦待着  
  
386  
00:14:33,510 --> 00:14:34,470  
你不能让上交  
  
387  
00:14:34,870 --> 00:14:39,390  
就像这个部队，你不能没事就往京城里头进来  
  
388  
00:14:39,790 --> 00:14:40,350  
懂啥意思  
  
389  
00:14:40,350 --> 00:14:40,630  
没有  
  
390  
00:14:40,830 --> 00:14:43,990  
你就得远远的找个地方，还得找人  
  
391  
00:14:44,540 --> 00:14:47,410  
这个节制是不是这个道理啊  
  
392  
00:14:47,690 --> 00:14:48,490  
说说这个道理  
  
393  
00:14:48,730 --> 00:14:49,970  
所以肝为将军之官  
  
394  
00:14:49,970 --> 00:14:52,570  
但你不得没事的时候不得入京勤王  
  
395  
00:14:53,560 --> 00:14:54,640  
没事不得入境啊  
  
396  
00:14:54,800 --> 00:14:57,040  
你就得在在在上海关或者哪对吧  
  
397  
00:14:57,280 --> 00:14:57,880  
在那一呆  
  
398  
00:14:58,160 --> 00:14:58,680  
唉，好了  
  
399  
00:14:58,840 --> 00:15:00,240  
那么肝脏它在下焦  
  
400  
00:15:00,500 --> 00:15:01,780  
但他有的时候暴脾气啊  
  
401  
00:15:01,780 --> 00:15:02,300  
你知道吗  
  
402  
00:15:02,540 --> 00:15:04,380  
肝脏动不动他有一个权利  
  
403  
00:15:04,740 --> 00:15:06,340  
肝脏可以直接打电定  
  
404  
00:15:07,100 --> 00:15:09,260  
这是肝脏的一个特殊权利  
  
405  
00:15:09,500 --> 00:15:10,980  
可以配剑履上殿  
  
406  
00:15:11,740 --> 00:15:12,260  
为什么  
  
407  
00:15:12,500 --> 00:15:15,540  
因为三阴经之中我们说三阴皆皆起于足嘛  
  
408  
00:15:15,540 --> 00:15:15,820  
对吧  
  
409  
00:15:16,060 --> 00:15:20,390  
那么三阴经之中只有一条经可以直达天顶，是不是啊  
  
410  
00:15:21,150 --> 00:15:21,350  
哎  
  
411  
00:15:21,670 --> 00:15:24,160  
与督脉会于颠，是吧  
  
412  
00:15:24,440 --> 00:15:25,360  
那么就是肝脏  
  
413  
00:15:25,560 --> 00:15:27,360  
所以我们经常讲叫怒发冲冠  
  
414  
00:15:27,800 --> 00:15:31,410  
那他为啥那个那个咱们说说，生气之后  
  
415  
00:15:31,410 --> 00:15:33,050  
你不说那个怒发啊  
  
416  
00:15:33,050 --> 00:15:36,640  
什么什么什么肾气肾冲冲冲冠呢  
  
417  
00:15:36,960 --> 00:15:38,960  
他一定是肝气，是不是这个道理啊  
  
418  
00:15:39,080 --> 00:15:40,760  
肝为将尽之官往上取  
  
419  
00:15:40,970 --> 00:15:43,050  
所以将军之官他动不动就伤人  
  
420  
00:15:43,290 --> 00:15:44,610  
咱们之前看到过一回  
  
421  
00:15:44,930 --> 00:15:47,560  
那个在奔屯镇还记不记得奔豚症  
  
422  
00:15:47,560 --> 00:15:51,360  
当时是不是有一个这个在在在斜下上来的往来寒热呀  
  
423  
00:15:51,600 --> 00:15:53,440  
咱们后来用了一个奔豚汤  
  
424  
00:15:53,830 --> 00:15:59,710  
它其实就是黄芪加半夏生生姜汤去枣这么一个变体吧  
  
425  
00:16:00,120 --> 00:16:00,320  
哎  
  
426  
00:16:00,320 --> 00:16:01,080  
这么一个辩题吧  
  
427  
00:16:01,080 --> 00:16:05,330  
其实不还是加二根李根白皮和那个葛根去往下降  
  
428  
00:16:05,330 --> 00:16:06,570  
这个平冲之气吗  
  
429  
00:16:06,730 --> 00:16:07,730  
在这儿又出现了  
  
430  
00:16:08,010 --> 00:16:10,980  
他从斜下直接上冲，顺哪条路上冲  
  
431  
00:16:10,980 --> 00:16:12,860  
我把他的路线图我给你画一下啊  
  
432  
00:16:12,940 --> 00:16:13,540  
咱有导航  
  
433  
00:16:14,020 --> 00:16:14,900  
导航在哪呢  
  
434  
00:16:15,640 --> 00:16:17,840  
不要说我们中医没有解剖啊  
  
435  
00:16:17,840 --> 00:16:19,480  
我们中医也有啊  
  
436  
00:16:19,520 --> 00:16:19,760  
对  
  
437  
00:16:19,760 --> 00:16:22,240  
说到这儿，刚才就是一个话茬啊  
  
438  
00:16:22,240 --> 00:16:26,080  
在这打个小叉，刚才跟宋老师我俩聊这个事  
  
439  
00:16:26,320 --> 00:16:26,520  
呃  
  
440  
00:16:26,520 --> 00:16:27,920  
他说，那按西医来说  
  
441  
00:16:28,280 --> 00:16:29,520  
比如说心脏疾病啊  
  
442  
00:16:29,520 --> 00:16:32,760  
那我们那那你说胸壁是心和肺都有  
  
443  
00:16:32,760 --> 00:16:35,240  
那我们今天讲冠心病讲的就是心脏啊  
  
444  
00:16:35,630 --> 00:16:36,310  
是不是这个道理  
  
445  
00:16:36,310 --> 00:16:36,750  
同学们  
  
446  
00:16:37,030 --> 00:16:38,070  
但我就讲了一个问题  
  
447  
00:16:38,630 --> 00:16:40,910  
西医他是从解剖来立论的  
  
448  
00:16:42,170 --> 00:16:45,130  
中医不是从解剖理论啊  
  
449  
00:16:45,450 --> 00:16:47,890  
所以我说中医解剖是借助了一个名词啊  
  
450  
00:16:48,270 --> 00:16:49,670  
那么西医从解剖理论  
  
451  
00:16:50,000 --> 00:16:51,360  
其实也不是在古代就有  
  
452  
00:16:51,560 --> 00:16:55,360  
而是从盖伦开始，把美术的概念引入到了医学  
  
453  
00:16:55,600 --> 00:16:57,120  
这个我真不是危言耸听  
  
454  
00:16:57,490 --> 00:16:58,770  
我特好一哥们儿啊  
  
455  
00:16:58,890 --> 00:17:00,610  
他是某高校啊  
  
456  
00:17:01,130 --> 00:17:02,450  
教这个雕塑的老师  
  
457  
00:17:02,890 --> 00:17:07,230  
他还有一个选修课是正常人体解剖学  
  
458  
00:17:07,910 --> 00:17:09,550  
我当时听完之后我就懵了  
  
459  
00:17:09,550 --> 00:17:10,910  
我说你学这个干嘛呀  
  
460  
00:17:11,030 --> 00:17:13,150  
人家啪一句话回给我就没词了  
  
461  
00:17:14,050 --> 00:17:19,650  
张老师你好好查查医学和雕塑到底是谁先搞解剖的  
  
462  
00:17:20,460 --> 00:17:21,940  
我当时就被怼回来了  
  
463  
00:17:22,420 --> 00:17:23,819  
后来我一想  
  
464  
00:17:23,900 --> 00:17:24,300  
对呀  
  
465  
00:17:24,819 --> 00:17:28,620  
从盖伦开始，解剖学被引进了医学没错吧  
  
466  
00:17:29,090 --> 00:17:30,930  
但是这个东西有一个好处  
  
467  
00:17:30,930 --> 00:17:32,250  
好处就是让人很清晰  
  
468  
00:17:32,650 --> 00:17:33,730  
但它有一个坏处  
  
469  
00:17:34,210 --> 00:17:35,770  
坏处就是因为太清晰  
  
470  
00:17:36,440 --> 00:17:38,640  
清洗之后有的时候就不清晰了  
  
471  
00:17:39,400 --> 00:17:40,600  
大家明白这个道理了吧  
  
472  
00:17:40,840 --> 00:17:42,720  
就像自己家孩子，你怎么管  
  
473  
00:17:43,000 --> 00:17:44,560  
可能有的时候你就管不明白  
  
474  
00:17:44,880 --> 00:17:46,800  
但同样一个事，你让别人来管  
  
475  
00:17:47,760 --> 00:17:49,800  
管你家孩子，可能这事就明白了  
  
476  
00:17:49,960 --> 00:17:50,920  
明白啥意思了吗  
  
477  
00:17:51,120 --> 00:17:52,760  
自己的刀削不了自己的伴儿  
  
478  
00:17:52,880 --> 00:17:54,640  
太清楚之后人就犯糊涂了  
  
479  
00:17:54,860 --> 00:17:55,780  
这叫就这  
  
480  
00:17:55,780 --> 00:17:56,540  
这就叫阴阳  
  
481  
00:17:57,180 --> 00:18:00,220  
那你要说这事儿你要不承认不理解，好拜拜哈  
  
482  
00:18:00,340 --> 00:18:02,580  
那我给你讲这东西什么东西  
  
483  
00:18:02,580 --> 00:18:05,060  
我们中国讲都是有无相生，你不能有  
  
484  
00:18:05,100 --> 00:18:07,620  
到了极致之后，你这个有就不能用了  
  
485  
00:18:07,920 --> 00:18:08,840  
明白这个道理了吧  
  
486  
00:18:09,040 --> 00:18:12,120  
也就是当你完全看到了心脏的堵塞状态的时候  
  
487  
00:18:12,240 --> 00:18:13,680  
你就认定了就是心脏的时候  
  
488  
00:18:13,680 --> 00:18:15,840  
你就忘记了还有肺脏的参与  
  
489  
00:18:17,190 --> 00:18:18,190  
就这么一个道理吧  
  
490  
00:18:18,190 --> 00:18:21,030  
你就忘记了心脏和肺脏同居于上交  
  
491  
00:18:21,270 --> 00:18:24,550  
他们都有一个支配他们的力量叫做中气  
  
492  
00:18:25,930 --> 00:18:28,490  
而且他们的病根都有风寒湿的作用  
  
493  
00:18:29,220 --> 00:18:30,420  
所以我们的中中医  
  
494  
00:18:30,700 --> 00:18:34,060  
虽然我们暂时没有把解剖放到极致  
  
495  
00:18:34,260 --> 00:18:39,030  
但是我们又形成了一套自己的非常纵深、非常大的  
  
496  
00:18:39,710 --> 00:18:42,790  
非常有长远的  
  
497  
00:18:43,660 --> 00:18:45,340  
可以应用的一套理论  
  
498  
00:18:45,580 --> 00:18:47,020  
那就是经络理论，对吧  
  
499  
00:18:47,350 --> 00:18:48,350  
所以从经络理论上  
  
500  
00:18:48,350 --> 00:18:52,070  
我们回来说，这个肝脏经络的走形足厥阴肝经  
  
501  
00:18:52,470 --> 00:18:54,520  
它的特点，过阴气  
  
502  
00:18:54,560 --> 00:18:56,040  
阴气是哪儿，就是生殖系统嘛  
  
503  
00:18:56,040 --> 00:18:56,280  
对吧  
  
504  
00:18:56,280 --> 00:18:59,730  
生殖泌尿系统，然后抵小腹夹位  
  
505  
00:18:59,810 --> 00:19:00,290  
注意啊  
  
506  
00:19:00,290 --> 00:19:00,970  
他要夹着胃  
  
507  
00:19:01,290 --> 00:19:03,450  
这个以后会用到非常非常多  
  
508  
00:19:03,810 --> 00:19:06,250  
动不动我们治疗胸壁就要攻下哈  
  
509  
00:19:06,680 --> 00:19:08,840  
就要就要用用这攻下治法  
  
510  
00:19:08,840 --> 00:19:09,520  
因为他夹位  
  
511  
00:19:09,760 --> 00:19:10,280  
然后呢  
  
512  
00:19:10,680 --> 00:19:13,720  
属肝络胆上贯膈布忌邪  
  
513  
00:19:14,810 --> 00:19:15,330  
看见了吧  
  
514  
00:19:15,650 --> 00:19:18,660  
他要往那个格上灌格  
  
515  
00:19:19,020 --> 00:19:22,460  
因此才有了一个套道路，才能够逆抢  
  
516  
00:19:22,460 --> 00:19:24,260  
先是这个道理吧  
  
517  
00:19:24,580 --> 00:19:25,980  
那么任何一个将军  
  
518  
00:19:26,500 --> 00:19:30,100  
如果他没有正当理由进北京，进京城  
  
519  
00:19:31,160 --> 00:19:32,480  
咱们说历史上啊  
  
520  
00:19:32,560 --> 00:19:33,840  
历史上讲这个故事啊  
  
521  
00:19:34,200 --> 00:19:35,120  
就是说，呃  
  
522  
00:19:35,560 --> 00:19:38,510  
历史上，比如说那个那个那个谁吧  
  
523  
00:19:38,590 --> 00:19:39,150  
董卓吧  
  
524  
00:19:39,670 --> 00:19:43,390  
他如果不是有一个正常的路径能够到长安  
  
525  
00:19:43,950 --> 00:19:45,350  
也就没有后来的故事了吧  
  
526  
00:19:46,230 --> 00:19:49,550  
那么肝气如果没有一个正常路径能够灌格  
  
527  
00:19:50,110 --> 00:19:53,020  
它也就不能逆抢心，是不是这个道理  
  
528  
00:19:53,140 --> 00:19:54,340  
正因为他有这个路径  
  
529  
00:19:54,620 --> 00:19:56,980  
所以在肝脏的一种极端状态之下  
  
530  
00:19:57,420 --> 00:20:00,440  
肝气上逆，冲于心脏  
  
531  
00:20:01,520 --> 00:20:02,320  
冲于胸阳  
  
532  
00:20:02,880 --> 00:20:05,440  
那么就是造成胸壁的第二个原因  
  
533  
00:20:06,500 --> 00:20:07,980  
他是肝气而来  
  
534  
00:20:08,220 --> 00:20:12,240  
那么这个你说他是不是完全是阳痿音弦  
  
535  
00:20:12,600 --> 00:20:14,000  
那么它也是  
  
536  
00:20:14,240 --> 00:20:16,920  
但也不是不是那种纯阳虚的  
  
537  
00:20:17,240 --> 00:20:17,760  
它叫啥  
  
538  
00:20:17,760 --> 00:20:19,800  
叫阴弦大于阳痿没错吧  
  
539  
00:20:20,040 --> 00:20:21,560  
阴弦弦是啥脉啊  
  
540  
00:20:21,920 --> 00:20:23,600  
肝木之脉没错吧  
  
541  
00:20:23,910 --> 00:20:24,630  
从肝来的  
  
542  
00:20:24,790 --> 00:20:29,070  
因此我们说，经常有的时候听说一些人一生气犯心脏病了  
  
543  
00:20:29,230 --> 00:20:29,910  
听说过吧  
  
544  
00:20:30,390 --> 00:20:32,150  
那为啥生气会犯心脏病呢  
  
545  
00:20:33,230 --> 00:20:37,470  
很多时候其实大道理就在百姓日用之中  
  
546  
00:20:39,940 --> 00:20:41,700  
真的，百姓日用而不知  
  
547  
00:20:41,700 --> 00:20:42,780  
那老百姓都知道  
  
548  
00:20:43,220 --> 00:20:45,260  
那这人你别气他对吧  
  
549  
00:20:45,300 --> 00:20:46,020  
别跟他吵吵  
  
550  
00:20:46,020 --> 00:20:49,770  
有事好好说，你这一气他犯心脏病没错吧  
  
551  
00:20:49,770 --> 00:20:51,530  
那为啥生气能犯心脏病啊  
  
552  
00:20:51,930 --> 00:20:52,210  
呵  
  
553  
00:20:52,840 --> 00:20:54,960  
那是你从现代医学你也能给我解释  
  
554  
00:20:55,000 --> 00:20:56,080  
但你说的是现象  
  
555  
00:20:56,360 --> 00:20:57,400  
我要的不是现象  
  
556  
00:20:57,400 --> 00:20:58,240  
我要的是原因  
  
557  
00:20:59,380 --> 00:21:01,220  
肝怎么能跟心脏产生联系的  
  
558  
00:21:01,570 --> 00:21:02,050  
是不是  
  
559  
00:21:02,410 --> 00:21:04,850  
你别给我讲说哪个血管又收缩了  
  
560  
00:21:05,090 --> 00:21:06,250  
哪个代谢又怎么样了  
  
561  
00:21:06,370 --> 00:21:08,730  
是它是现象，我承认原因呢  
  
562  
00:21:08,730 --> 00:21:09,290  
拿出来  
  
563  
00:21:11,410 --> 00:21:12,050  
你拿不出来  
  
564  
00:21:12,050 --> 00:21:12,210  
好  
  
565  
00:21:12,210 --> 00:21:14,930  
我给你拿出来，内经之中全在里面  
  
566  
00:21:16,030 --> 00:21:16,390  
对吧  
  
567  
00:21:16,990 --> 00:21:19,870  
全在里面，那么五脏精气神学是吧  
  
568  
00:21:20,190 --> 00:21:20,990  
这就是原因啊  
  
569  
00:21:20,990 --> 00:21:21,830  
全在里面啊  
  
570  
00:21:24,020 --> 00:21:24,500  
那好了  
  
571  
00:21:24,700 --> 00:21:28,580  
那你既然知道这个问题是肝气现在啊  
  
572  
00:21:28,620 --> 00:21:30,420  
那它必然有一个前提  
  
573  
00:21:30,460 --> 00:21:32,430  
咱们说夹胃属肝络胆  
  
574  
00:21:32,510 --> 00:21:36,550  
你通过这个过程你就能看见肝气从阴气抵小腹之后  
  
575  
00:21:36,550 --> 00:21:46,200  
那么夹位说明肝气在冲击这个格格之前啊  
  
576  
00:21:46,320 --> 00:21:47,720  
他要经过一个地方  
  
577  
00:21:52,960 --> 00:21:55,210  
经过谁经过胃  
  
578  
00:21:56,090 --> 00:21:58,570  
所以必须有一个条件，就是中气虚  
  
579  
00:21:58,970 --> 00:22:00,690  
也就是在胃气空虚的时候  
  
580  
00:22:01,490 --> 00:22:03,050  
斜下才能逆抢心吧  
  
581  
00:22:04,340 --> 00:22:06,660  
因此我们说治病有轻重缓急之分  
  
582  
00:22:07,740 --> 00:22:08,380  
方法呢  
  
583  
00:22:08,460 --> 00:22:10,720  
就有先后，轻重之次  
  
584  
00:22:10,720 --> 00:22:11,800  
鼻，没错吧  
  
585  
00:22:12,120 --> 00:22:14,640  
那么这个时候我们就可以从两个方法入手  
  
586  
00:22:14,960 --> 00:22:17,120  
当肝气比较湿的时候怎么办  
  
587  
00:22:17,870 --> 00:22:20,110  
谢杆以河中没错吧  
  
588  
00:22:20,550 --> 00:22:23,260  
但是当你肝气不是那么实  
  
589  
00:22:23,420 --> 00:22:27,460  
是因为中气自己虚造成他有可乘之机了，对吧  
  
590  
00:22:28,020 --> 00:22:29,940  
就说本董卓本来没想造反  
  
591  
00:22:30,640 --> 00:22:32,760  
你请他来的是不是啊  
  
592  
00:22:33,360 --> 00:22:38,120  
你那个司徒王允说说这几个人说，哼  
  
593  
00:22:38,240 --> 00:22:39,160  
说请董卓来吧  
  
594  
00:22:39,160 --> 00:22:41,240  
董卓来了，来了之后人家发现挺好  
  
595  
00:22:41,960 --> 00:22:43,360  
说这这地儿这么好啊  
  
596  
00:22:43,360 --> 00:22:46,330  
比我在塞外这吹着强多了  
  
597  
00:22:46,410 --> 00:22:47,130  
我不走了  
  
598  
00:22:47,530 --> 00:22:49,290  
那么这个是第二个，就是胃气的事  
  
599  
00:22:49,530 --> 00:22:50,050  
没错吧  
  
600  
00:22:50,250 --> 00:22:53,050  
所以你解决这两个方法解决的手段就不同  
  
601  
00:22:53,130 --> 00:22:55,370  
那么肝气食的时候以泻肝为主  
  
602  
00:22:56,520 --> 00:22:58,040  
中戏学时怎么办啊  
  
603  
00:22:58,960 --> 00:22:59,960  
以补充为主呗  
  
604  
00:23:00,640 --> 00:23:02,360  
那么所以就出现两堂奇怪吗  
  
605  
00:23:02,360 --> 00:23:02,880  
同学们  
  
606  
00:23:03,820 --> 00:23:05,220  
那么很多人分析这俩汤的时候  
  
607  
00:23:05,220 --> 00:23:07,460  
发现这俩汤它差这么多呢  
  
608  
00:23:07,740 --> 00:23:09,140  
一个完全是攻下的  
  
609  
00:23:10,280 --> 00:23:11,600  
一个是补虚的  
  
610  
00:23:12,720 --> 00:23:15,960  
其实你从方剂上是找不到答案的  
  
611  
00:23:16,690 --> 00:23:18,290  
完全背道而驰，没错吧  
  
612  
00:23:19,290 --> 00:23:19,490  
哎  
  
613  
00:23:19,810 --> 00:23:21,970  
那么我们说枳实泻白桂枝汤  
  
614  
00:23:22,010 --> 00:23:22,690  
它的组成  
  
615  
00:23:23,440 --> 00:23:26,280  
他已经把他他的，他从名字啊  
  
616  
00:23:26,280 --> 00:23:27,760  
已经把他要干的事都说清了  
  
617  
00:23:28,000 --> 00:23:29,320  
只知后破，干啥  
  
618  
00:23:29,440 --> 00:23:29,880  
干什么  
  
619  
00:23:29,880 --> 00:23:30,480  
昆中吧  
  
620  
00:23:31,420 --> 00:23:36,060  
那么是不是把胃气里的淤塞把它通开  
  
621  
00:23:36,380 --> 00:23:37,700  
那么胃气淤塞从哪来  
  
622  
00:23:37,700 --> 00:23:38,380  
从肝来吧  
  
623  
00:23:38,860 --> 00:23:39,700  
肝通阳明啊  
  
624  
00:23:39,980 --> 00:23:41,340  
那把肝气给它卸掉嘛  
  
625  
00:23:41,620 --> 00:23:42,260  
就这么简单  
  
626  
00:23:42,260 --> 00:23:42,780  
是不是  
  
627  
00:23:42,980 --> 00:23:47,370  
那么与此同时，还得还得记住之前阳微阴险的问题啊  
  
628  
00:23:48,050 --> 00:23:48,250  
哎  
  
629  
00:23:48,370 --> 00:23:51,130  
把那个瓜蒌泻白，把它用进去  
  
630  
00:23:51,450 --> 00:23:53,090  
最后，非常重要的一个药  
  
631  
00:23:54,010 --> 00:23:56,130  
桂枝，桂枝干什么  
  
632  
00:23:56,290 --> 00:23:57,170  
太重要了  
  
633  
00:23:57,810 --> 00:23:59,090  
桂枝两条腿走路  
  
634  
00:24:02,120 --> 00:24:02,760  
我们说  
  
635  
00:24:03,870 --> 00:24:04,630  
发汗过多  
  
636  
00:24:04,630 --> 00:24:06,670  
其人叉手自冒，心心下悸  
  
637  
00:24:06,670 --> 00:24:08,710  
欲得按用桂枝甘草汤64条  
  
638  
00:24:09,250 --> 00:24:10,930  
那么用它干什么  
  
639  
00:24:11,330 --> 00:24:13,090  
桂肝就能心甘化阳  
  
640  
00:24:13,130 --> 00:24:15,210  
桂枝首先就是要补心气的  
  
641  
00:24:16,470 --> 00:24:20,240  
这个部队首先是京师的嫡系  
  
642  
00:24:21,000 --> 00:24:21,520  
没错吧  
  
643  
00:24:22,120 --> 00:24:25,440  
第二，桂枝有一个天然的作用  
  
644  
00:24:25,800 --> 00:24:27,040  
桂枝是谁的克星  
  
645  
00:24:28,220 --> 00:24:29,620  
肝气和冲脉的克星  
  
646  
00:24:30,140 --> 00:24:32,100  
是不是他回来之后  
  
647  
00:24:33,590 --> 00:24:36,030  
哎，直接把甘麦就摁那了啊  
  
648  
00:24:36,110 --> 00:24:37,350  
这把你还厉害了  
  
649  
00:24:37,350 --> 00:24:40,070  
是不是直接桂枝过来平冲  
  
650  
00:24:40,710 --> 00:24:41,710  
平干冲没错吧  
  
651  
00:24:41,710 --> 00:24:44,550  
同学们，桂枝啪一平干冲  
  
652  
00:24:45,640 --> 00:24:48,040  
这边平肝冲回首去补心阳  
  
653  
00:24:49,480 --> 00:24:52,880  
所以你看仲景先师的用药非常劲道  
  
654  
00:24:52,880 --> 00:24:54,520  
但是前提你要理解他的用药  
  
655  
00:24:54,720 --> 00:24:56,400  
你得先理解他说的是什么  
  
656  
00:24:57,440 --> 00:24:57,960  
没错吧  
  
657  
00:24:58,160 --> 00:24:59,360  
你得先读内经啊  
  
658  
00:25:00,390 --> 00:25:01,510  
因此说当年啊  
  
659  
00:25:01,950 --> 00:25:03,390  
仲景老先生自己说了  
  
660  
00:25:03,790 --> 00:25:07,310  
撰用素问九卷81难阴阳大论  
  
661  
00:25:08,250 --> 00:25:08,970  
太鲁药录  
  
662  
00:25:09,050 --> 00:25:11,850  
并平脉辨证，而为伤寒杂病论16卷  
  
663  
00:25:12,960 --> 00:25:14,880  
古之人不与其也啊  
  
664  
00:25:15,400 --> 00:25:17,400  
他早就告诉你了啊  
  
665  
00:25:17,480 --> 00:25:19,800  
本身伤寒金匮这两部书啊  
  
666  
00:25:19,800 --> 00:25:21,280  
发明内经奥之者也  
  
667  
00:25:21,480 --> 00:25:24,050  
那么在这非常的明确  
  
668  
00:25:24,210 --> 00:25:26,130  
那么还有一种，第一种把肝泄掉了  
  
669  
00:25:26,130 --> 00:25:28,210  
第二种如果脾虚咋办  
  
670  
00:25:29,680 --> 00:25:30,720  
那非常简单  
  
671  
00:25:31,200 --> 00:25:31,400  
呃  
  
672  
00:25:31,800 --> 00:25:33,760  
人参汤，也就是所谓的理中  
  
673  
00:25:34,000 --> 00:25:34,600  
理中汤  
  
674  
00:25:34,640 --> 00:25:35,840  
不用我再讲了吧  
  
675  
00:25:36,240 --> 00:25:37,720  
我在这我不讲了  
  
676  
00:25:37,960 --> 00:25:39,360  
这个就留着吧，啊  
  
677  
00:25:39,930 --> 00:25:40,570  
就留着吧  
  
678  
00:25:41,650 --> 00:25:45,820  
那么这个就呃，你也可以把它拆开  
  
679  
00:25:45,820 --> 00:25:48,260  
我们刚才讲阳微阴弦，阳微阴弦  
  
680  
00:25:48,740 --> 00:25:50,700  
同学们你你反复的捋捋啊  
  
681  
00:25:51,220 --> 00:25:54,770  
那么所谓呢，这个杨威  
  
682  
00:25:55,910 --> 00:25:56,510  
我们讲  
  
683  
00:25:57,990 --> 00:26:00,350  
那就是人参汤  
  
684  
00:26:01,230 --> 00:26:02,430  
杨伟伟更盛  
  
685  
00:26:03,190 --> 00:26:04,710  
阴险更甚，用谁啊  
  
686  
00:26:06,600 --> 00:26:09,960  
只食泻白桂枝汤啊，那么阳痿更甚  
  
687  
00:26:10,520 --> 00:26:12,120  
用人参汤阴险更甚  
  
688  
00:26:12,240 --> 00:26:15,160  
只食泻白桂枝汤完事啊  
  
689  
00:26:16,030 --> 00:26:18,630  
这两张方法给大家就交代完了  
  
690  
00:26:21,030 --> 00:26:21,310  
呃  
  
691  
00:26:22,800 --> 00:26:25,040  
后头呢，咱们再说两张方子啊  
  
692  
00:26:25,400 --> 00:26:27,200  
今天内容就都完事了  
  
693  
00:26:30,460 --> 00:26:30,900  
第一个  
  
694  
00:26:33,380 --> 00:26:36,420  
呃啊，他他也是一对啊  
  
695  
00:26:36,420 --> 00:26:39,500  
他这跟咱们刚才那个那个那个一模一样  
  
696  
00:26:39,500 --> 00:26:40,300  
也是一对  
  
697  
00:26:41,220 --> 00:26:44,060  
胸痹，胸中气色短气  
  
698  
00:26:45,230 --> 00:26:46,550  
茯苓杏仁甘草汤主之  
  
699  
00:26:46,790 --> 00:26:50,000  
举止姜汤益主之，呃  
  
700  
00:26:50,000 --> 00:26:52,880  
这个方法我在临床上几乎非常常用啊  
  
701  
00:26:53,520 --> 00:26:53,720  
呃  
  
702  
00:26:54,040 --> 00:26:56,280  
随手就用，小方子很灵  
  
703  
00:26:57,190 --> 00:26:58,070  
那么这两张方  
  
704  
00:26:59,470 --> 00:26:59,670  
嗯  
  
705  
00:27:00,030 --> 00:27:01,670  
咱们拿它干什么啊  
  
706  
00:27:03,150 --> 00:27:04,070  
咱们拿它干什么  
  
707  
00:27:05,190 --> 00:27:06,590  
他用的这个  
  
708  
00:27:08,230 --> 00:27:08,870  
用法呀  
  
709  
00:27:08,990 --> 00:27:10,190  
非常的简单啊  
  
710  
00:27:11,550 --> 00:27:12,470  
就这么一句话  
  
711  
00:27:13,230 --> 00:27:16,790  
胸中气色短气，其实就是胸口憋得慌  
  
712  
00:27:18,250 --> 00:27:18,850  
没错吧  
  
713  
00:27:19,210 --> 00:27:21,330  
上不来气儿疼不疼呢  
  
714  
00:27:22,250 --> 00:27:23,090  
不疼啊  
  
715  
00:27:23,410 --> 00:27:25,250  
就潜心堵，没错吧  
  
716  
00:27:25,850 --> 00:27:28,410  
哎，这个我们临床上所以常用这种现象呢  
  
717  
00:27:28,410 --> 00:27:29,850  
也是临床中一个常见病  
  
718  
00:27:30,610 --> 00:27:30,810  
呃  
  
719  
00:27:30,890 --> 00:27:32,010  
但是潜心堵啊  
  
720  
00:27:32,050 --> 00:27:34,410  
有的时候很多心脏的病人  
  
721  
00:27:35,050 --> 00:27:36,650  
咱们说白了，呃  
  
722  
00:27:37,130 --> 00:27:41,400  
它就不一定有太明显的这个疼痛症状  
  
723  
00:27:41,720 --> 00:27:44,960  
甚至很多心梗患者他都从头到尾都不疼，对吧  
  
724  
00:27:45,360 --> 00:27:47,530  
那一发病，那已经不赶趟了  
  
725  
00:27:47,810 --> 00:27:49,010  
咱就说这么一个道理  
  
726  
00:27:49,690 --> 00:27:51,650  
呃话说一个非常有意思的事啊  
  
727  
00:27:51,650 --> 00:27:53,370  
就是在座的我们同学们  
  
728  
00:27:53,370 --> 00:27:54,170  
我诊室同学  
  
729  
00:27:54,330 --> 00:27:57,060  
你们大多数都那天都在，呃  
  
730  
00:27:57,220 --> 00:27:59,220  
有一天来了一个中年男子，对吧  
  
731  
00:27:59,420 --> 00:28:00,540  
你们印象都很深  
  
732  
00:28:01,080 --> 00:28:02,240  
呃，这个男子呢  
  
733  
00:28:02,520 --> 00:28:04,240  
当时好多同学还拍照了啊  
  
734  
00:28:04,240 --> 00:28:05,720  
因为这个事，呃  
  
735  
00:28:06,840 --> 00:28:08,560  
我当时我都忘了  
  
736  
00:28:09,560 --> 00:28:10,680  
当然这中天台特色啊  
  
737  
00:28:11,400 --> 00:28:15,080  
因为他这个，这个简直就跟我们这堂课准备的这个议案啊  
  
738  
00:28:15,080 --> 00:28:17,400  
所以我就讲讲这个事，特别有意思  
  
739  
00:28:17,400 --> 00:28:18,930  
不久之前，呃  
  
740  
00:28:19,250 --> 00:28:21,650  
两个月吧也就不到两个月啊  
  
741  
00:28:23,200 --> 00:28:25,200  
来了之后说，大夫我心脏难受  
  
742  
00:28:26,050 --> 00:28:28,010  
我当时很敏感啊他  
  
743  
00:28:28,010 --> 00:28:29,370  
他当时他都没说心脏脏  
  
744  
00:28:29,370 --> 00:28:30,090  
他是说什么呢  
  
745  
00:28:30,290 --> 00:28:32,930  
他就照原文说的，说我前胸堵  
  
746  
00:28:33,890 --> 00:28:34,330  
对吧  
  
747  
00:28:35,290 --> 00:28:36,530  
当然他说的不是古文啊  
  
748  
00:28:36,770 --> 00:28:38,490  
他说我前胸堵，然后上不来气  
  
749  
00:28:39,640 --> 00:28:40,200  
没错吧  
  
750  
00:28:40,600 --> 00:28:41,800  
这不就是我们条文吗  
  
751  
00:28:42,840 --> 00:28:45,040  
哎呀，当时我比较敏感啊  
  
752  
00:28:46,000 --> 00:28:46,280  
呃  
  
753  
00:28:47,610 --> 00:28:48,730  
因为当时正好呢  
  
754  
00:28:48,730 --> 00:28:51,290  
也是家母患病的时候，然后下一堂课呢  
  
755  
00:28:51,810 --> 00:28:52,010  
呃  
  
756  
00:28:52,130 --> 00:28:55,560  
讲到这个，这个这个胸壁的重症啊  
  
757  
00:28:55,560 --> 00:28:58,200  
我会给大家分享分享这个相关的议案  
  
758  
00:28:58,740 --> 00:29:01,140  
当然下堂课什么时候讲目前还不好说  
  
759  
00:29:01,140 --> 00:29:04,210  
因为最近我们呃，学校啊  
  
760  
00:29:04,250 --> 00:29:05,650  
这临近期末啊  
  
761  
00:29:05,650 --> 00:29:07,650  
我们这个好多工作比较繁重  
  
762  
00:29:08,050 --> 00:29:09,690  
咱们就得找时间了啊  
  
763  
00:29:09,770 --> 00:29:12,090  
找时间我们什么时候我得能倒出空  
  
764  
00:29:12,090 --> 00:29:13,050  
那也不能说活  
  
765  
00:29:13,090 --> 00:29:16,700  
咱们咱们都都都活也不干  
  
766  
00:29:16,740 --> 00:29:19,580  
咱就专专讲课啊，这这也不行不成啊  
  
767  
00:29:20,060 --> 00:29:21,100  
所以多多理解  
  
768  
00:29:22,460 --> 00:29:24,220  
呃，有时间之后咱们接着上啊  
  
769  
00:29:24,420 --> 00:29:26,260  
我也很期待，呃  
  
770  
00:29:26,340 --> 00:29:29,790  
那么后头这个嗯  
  
771  
00:29:32,420 --> 00:29:36,060  
我当时就问他，我说你查没查心脏  
  
772  
00:29:36,940 --> 00:29:37,940  
他说我也查了  
  
773  
00:29:37,940 --> 00:29:39,340  
我说你查什么查心电  
  
774  
00:29:39,420 --> 00:29:40,260  
我说这没用  
  
775  
00:29:41,440 --> 00:29:42,040  
心电没用  
  
776  
00:29:42,040 --> 00:29:46,400  
因为我母亲啊，就是电诊科的医师啊  
  
777  
00:29:46,400 --> 00:29:47,880  
而且业务能力非常强  
  
778  
00:29:47,880 --> 00:29:48,760  
干了一辈子啊  
  
779  
00:29:48,840 --> 00:29:53,600  
早些年在西医的这个心血管瘤区干了16年啊  
  
780  
00:29:53,600 --> 00:29:54,400  
16年啊  
  
781  
00:29:54,400 --> 00:29:56,800  
有非常丰富的那个心脏内科  
  
782  
00:29:57,280 --> 00:29:59,480  
从急救到那个那个内科病  
  
783  
00:29:59,520 --> 00:30:00,960  
非常丰富的临床经验啊  
  
784  
00:30:01,080 --> 00:30:02,200  
就干这行的啊  
  
785  
00:30:02,750 --> 00:30:03,710  
老大夫啊  
  
786  
00:30:04,990 --> 00:30:06,910  
那么呃  
  
787  
00:30:09,480 --> 00:30:10,840  
他说心心电没事  
  
788  
00:30:10,840 --> 00:30:11,840  
我说新店没事  
  
789  
00:30:13,000 --> 00:30:14,680  
那这玩意说明不了啥问题  
  
790  
00:30:15,410 --> 00:30:19,370  
有时候心心梗患者你不发病的时候啊  
  
791  
00:30:19,690 --> 00:30:22,410  
发病之前你查心心电都一点事都没有  
  
792  
00:30:22,490 --> 00:30:23,050  
真的啊  
  
793  
00:30:24,090 --> 00:30:26,130  
呃，我说那你做彩超了没有  
  
794  
00:30:26,130 --> 00:30:27,210  
她说彩超我也没做  
  
795  
00:30:28,370 --> 00:30:29,450  
我们医生啊  
  
796  
00:30:30,050 --> 00:30:31,690  
对患者只能建议  
  
797  
00:30:32,650 --> 00:30:33,730  
不能强迫  
  
798  
00:30:34,260 --> 00:30:34,980  
这你知道吧  
  
799  
00:30:35,500 --> 00:30:36,740  
我说我的建议呢  
  
800  
00:30:37,260 --> 00:30:41,620  
你彩超你也做做最好有条件连造影都做一下没错吧  
  
801  
00:30:42,250 --> 00:30:44,410  
哎，那我当然我说是有条件啊  
  
802  
00:30:45,170 --> 00:30:46,410  
当然这个作为建议  
  
803  
00:30:46,570 --> 00:30:49,730  
那我那那我我这话我不能不说  
  
804  
00:30:50,050 --> 00:30:52,290  
因为医生你责任很大没错吧  
  
805  
00:30:52,450 --> 00:30:56,210  
那我们临床上，那你说那你让患者做检查不是那么回事  
  
806  
00:30:56,210 --> 00:30:56,450  
儿  
  
807  
00:30:56,650 --> 00:30:59,330  
除非你没当大夫，你当大夫你就懂了  
  
808  
00:30:59,690 --> 00:31:02,450  
就我们附院前几天有一患者胃疼  
  
809  
00:31:03,120 --> 00:31:06,080  
之后一让检查发现血项出问题啊  
  
810  
00:31:06,080 --> 00:31:08,360  
我学生跟我说的在他们那个辽区是吧  
  
811  
00:31:08,720 --> 00:31:09,800  
后来一看，怎么着  
  
812  
00:31:09,800 --> 00:31:12,080  
急性胰腺炎这两天ICU里还躺着呢  
  
813  
00:31:12,360 --> 00:31:14,000  
那这种事我们临床见太多了吧  
  
814  
00:31:14,000 --> 00:31:14,280  
对吧  
  
815  
00:31:14,520 --> 00:31:18,650  
那你任何一个病，有的时候你你你你不能太轻视这个问题啊  
  
816  
00:31:19,850 --> 00:31:20,170  
呃  
  
817  
00:31:20,580 --> 00:31:23,220  
那么这个也是也是这个事，我当时告诉他了  
  
818  
00:31:23,220 --> 00:31:25,140  
那他不做是他自己的事了，对吧  
  
819  
00:31:25,460 --> 00:31:27,140  
那你不做我也得给你开方啊  
  
820  
00:31:27,220 --> 00:31:27,540  
呵  
  
821  
00:31:27,580 --> 00:31:27,900  
对吧  
  
822  
00:31:28,140 --> 00:31:30,260  
但是咱们中医我这点是很厚道的啊  
  
823  
00:31:30,540 --> 00:31:32,060  
我该建议你，建议你  
  
824  
00:31:32,300 --> 00:31:33,860  
但是我该干活，我还干活  
  
825  
00:31:33,860 --> 00:31:37,380  
我不能说我建议你之后我不干活，那是咱不地道了  
  
826  
00:31:37,780 --> 00:31:38,660  
干活咋干  
  
827  
00:31:39,030 --> 00:31:40,230  
一摸脉证，哎  
  
828  
00:31:40,270 --> 00:31:41,670  
当时我一看他那个脉啊  
  
829  
00:31:42,470 --> 00:31:44,310  
上焦的气壁比较严重  
  
830  
00:31:45,570 --> 00:31:47,130  
痰湿还没聚到一块  
  
831  
00:31:47,930 --> 00:31:50,650  
当时就一张方茯苓杏仁甘草汤  
  
832  
00:31:50,890 --> 00:31:52,130  
那么就说明一个道理  
  
833  
00:31:52,130 --> 00:31:52,690  
同学们  
  
834  
00:31:53,640 --> 00:31:55,040  
咱们从这啊就讲一个事  
  
835  
00:31:55,560 --> 00:31:58,000  
所谓茯苓杏仁甘草汤和举止姜汤  
  
836  
00:31:58,780 --> 00:32:01,060  
他俩呀，各有所偏  
  
837  
00:32:01,100 --> 00:32:05,220  
我为什么说朱光贝先生他的论述比较精到呢  
  
838  
00:32:06,280 --> 00:32:07,760  
在这我就讲这么一个问题  
  
839  
00:32:07,760 --> 00:32:09,240  
呃呃，朱先生的原话啊  
  
840  
00:32:09,240 --> 00:32:11,080  
他是讲这个问题讲的非常系统  
  
841  
00:32:11,600 --> 00:32:12,840  
朱先生说这么一个事  
  
842  
00:32:13,410 --> 00:32:15,730  
上焦的阳壁则清扬不行  
  
843  
00:32:16,660 --> 00:32:18,420  
浊隐上逆气色短信  
  
844  
00:32:18,700 --> 00:32:21,900  
他就分出了一个上上上焦和中焦的问题  
  
845  
00:32:22,240 --> 00:32:22,600  
对吧  
  
846  
00:32:23,080 --> 00:32:24,280  
那么无独有偶啊  
  
847  
00:32:24,280 --> 00:32:28,360  
实际上呃，叶天士先生的老师还记得吧  
  
848  
00:32:28,800 --> 00:32:30,920  
王子街王巩啊，呃  
  
849  
00:32:31,000 --> 00:32:34,000  
他的那个降血源古方选注里头其实也有类似的观点  
  
850  
00:32:34,160 --> 00:32:35,880  
那么我在临床上也这么看啊  
  
851  
00:32:36,240 --> 00:32:37,880  
那么上焦气路不开  
  
852  
00:32:38,470 --> 00:32:40,030  
有很多人说说是痰，说是水  
  
853  
00:32:40,070 --> 00:32:41,190  
其实那都不重要啊  
  
854  
00:32:41,590 --> 00:32:42,630  
上焦气路不开  
  
855  
00:32:43,360 --> 00:32:44,760  
那么偏于气氛  
  
856  
00:32:44,760 --> 00:32:45,760  
这是我个人体会啊  
  
857  
00:32:46,080 --> 00:32:47,880  
那么就偏于茯苓、杏仁甘草汤  
  
858  
00:32:48,620 --> 00:32:50,460  
但是如果说偏于中焦  
  
859  
00:32:50,460 --> 00:32:52,060  
中焦肯定就跟痰有关了吧  
  
860  
00:32:52,420 --> 00:32:54,580  
那你吃的东西不消化不就是痰吗  
  
861  
00:32:55,060 --> 00:32:55,380  
对吧  
  
862  
00:32:55,380 --> 00:32:57,860  
那么你看一个人大腹便便，你一打手  
  
863  
00:32:58,580 --> 00:33:03,100  
很多时候你一看，他就是痰湿的状态  
  
864  
00:33:04,220 --> 00:33:05,940  
有的时候你别问我为什么当医生  
  
865  
00:33:05,940 --> 00:33:10,290  
当久了一眼就是昨天那个晚上，都半夜了  
  
866  
00:33:10,290 --> 00:33:10,890  
八点多钟  
  
867  
00:33:11,330 --> 00:33:15,610  
我们中药学会的一位，那个那个同志啊  
  
868  
00:33:15,970 --> 00:33:18,250  
给我发发信息说  
  
869  
00:33:18,250 --> 00:33:18,970  
哎呀，张老师  
  
870  
00:33:18,970 --> 00:33:19,930  
我请教您一事  
  
871  
00:33:19,930 --> 00:33:20,890  
儿啊，说不好意思  
  
872  
00:33:20,890 --> 00:33:21,450  
打扰了  
  
873  
00:33:21,910 --> 00:33:23,710  
说那个给我发两张照片  
  
874  
00:33:24,110 --> 00:33:25,750  
我一看，伸两根手指头啊  
  
875  
00:33:26,030 --> 00:33:28,470  
手指头上头发红都溃烂了啊  
  
876  
00:33:28,870 --> 00:33:31,950  
流脓糖水的说这个病，请问有啥办法吗  
  
877  
00:33:32,710 --> 00:33:33,830  
我当时一打眼  
  
878  
00:33:33,830 --> 00:33:37,320  
我一看他那个窗口，我就说了两句话  
  
879  
00:33:38,400 --> 00:33:39,480  
我就说了两句话  
  
880  
00:33:39,480 --> 00:33:41,860  
第一，这个人是不是饮酒  
  
881  
00:33:42,340 --> 00:33:46,060  
如果饮酒必须戒，不戒用啥药都不好使  
  
882  
00:33:46,820 --> 00:33:50,540  
第二，下一步准备预防糖尿病  
  
883  
00:33:51,780 --> 00:33:54,620  
结果这个同志半天没回信  
  
884  
00:33:55,260 --> 00:33:56,380  
我寻思怎么回事啊  
  
885  
00:33:56,380 --> 00:33:57,260  
问一句话，没人了  
  
886  
00:33:57,260 --> 00:33:58,100  
行了，我不管你了  
  
887  
00:33:58,100 --> 00:33:59,180  
我打太极拳去了啊  
  
888  
00:33:59,780 --> 00:34:00,780  
打完太极拳回来  
  
889  
00:34:00,820 --> 00:34:02,650  
哎，回信了  
  
890  
00:34:02,650 --> 00:34:03,650  
我一看啊  
  
891  
00:34:04,010 --> 00:34:07,350  
他说他记不了，哈哈哈哈哈哈哈哈  
  
892  
00:34:07,470 --> 00:34:08,790  
他说他记不了  
  
893  
00:34:09,270 --> 00:34:09,710  
呃  
  
894  
00:34:10,889 --> 00:34:13,489  
不强迫他了，拿他没办法  
  
895  
00:34:14,370 --> 00:34:14,889  
我说，行  
  
896  
00:34:14,889 --> 00:34:17,250  
我说这个啊，那个叫什么呢  
  
897  
00:34:17,250 --> 00:34:19,130  
六，不治明白啥意思吗  
  
898  
00:34:19,290 --> 00:34:21,170  
就是什么所谓不六不治  
  
899  
00:34:21,170 --> 00:34:22,889  
不是让你跟病人对立起来  
  
900  
00:34:23,420 --> 00:34:25,380  
而是因为患者自己呢  
  
901  
00:34:26,100 --> 00:34:30,280  
没有到他真正想治病的时候  
  
902  
00:34:30,560 --> 00:34:32,400  
不要曲解六不治的问题  
  
903  
00:34:32,679 --> 00:34:34,159  
不是让你跟患者的对立  
  
904  
00:34:34,920 --> 00:34:38,830  
而是让你更好的跟患者去去什么去配合  
  
905  
00:34:39,190 --> 00:34:40,070  
明白这个道理吧  
  
906  
00:34:40,389 --> 00:34:42,710  
那他这种状态他怎么跟你配合呀  
  
907  
00:34:43,350 --> 00:34:45,420  
一边你给他弄点药啊  
  
908  
00:34:45,420 --> 00:34:47,179  
我告诉你怎么外洗一下怎么内用  
  
909  
00:34:47,900 --> 00:34:48,659  
然后你就好了  
  
910  
00:34:48,659 --> 00:34:50,940  
然后接着喝酒，哪天攒一大病  
  
911  
00:34:51,920 --> 00:34:52,760  
你是帮他呢  
  
912  
00:34:52,760 --> 00:34:53,679  
你还是害他呢  
  
913  
00:34:54,520 --> 00:34:57,280  
人在得病的时候人往往会知道收敛一点  
  
914  
00:34:57,640 --> 00:34:59,640  
我们所谓结束结束啊  
  
915  
00:35:01,200 --> 00:35:03,040  
过去讲叫叫那个  
  
916  
00:35:03,040 --> 00:35:07,440  
封神演义里经常说那个那个当节在树在树难逃嘛，是吧  
  
917  
00:35:07,830 --> 00:35:09,270  
既然这么讲，那么结是什么  
  
918  
00:35:09,270 --> 00:35:10,150  
你看怎么写啊  
  
919  
00:35:10,350 --> 00:35:14,150  
一个左边一个去右边一个力去力为节  
  
920  
00:35:14,630 --> 00:35:15,310  
你没劲儿了  
  
921  
00:35:15,310 --> 00:35:17,670  
你碰到坎儿了，你就知道停一停  
  
922  
00:35:18,310 --> 00:35:18,830  
静一静  
  
923  
00:35:18,950 --> 00:35:20,950  
调整一下自己的方向怎么办  
  
924  
00:35:21,030 --> 00:35:22,350  
以后接着往前走啊  
  
925  
00:35:22,730 --> 00:35:23,610  
是这个道理吧  
  
926  
00:35:23,890 --> 00:35:25,690  
所以任何苦难和结束  
  
927  
00:35:25,690 --> 00:35:28,530  
我们都不要把它当成一个跟我们对立起来的事  
  
928  
00:35:28,530 --> 00:35:33,090  
其实疾病何尝不是上天再次点化我们  
  
929  
00:35:33,090 --> 00:35:35,890  
让我们重新认识自己的一个机会呢  
  
930  
00:35:36,530 --> 00:35:37,610  
其实就是这么一个道理  
  
931  
00:35:37,610 --> 00:35:40,370  
那么你不得病，那就是有那么句话吗  
  
932  
00:35:40,810 --> 00:35:43,910  
那还这给你能耐的是吧  
  
933  
00:35:44,150 --> 00:35:45,190  
你还想上天呢  
  
934  
00:35:45,190 --> 00:35:46,070  
是不是这个道理  
  
935  
00:35:46,790 --> 00:35:48,470  
那咱们有的时候，呃  
  
936  
00:35:48,790 --> 00:35:49,670  
那父母听  
  
937  
00:35:50,980 --> 00:35:51,980  
父母劝你不听  
  
938  
00:35:52,260 --> 00:35:54,580  
老师告诉你你不听，对吧  
  
939  
00:35:54,700 --> 00:35:55,940  
国家教你你不信  
  
940  
00:35:56,420 --> 00:35:58,980  
那最后那就疾病教你了  
  
941  
00:35:58,980 --> 00:36:00,620  
是不是，就就这个道理  
  
942  
00:36:00,620 --> 00:36:01,180  
那么医生  
  
943  
00:36:01,460 --> 00:36:03,260  
我们医生啊，也要摆正自己的位置  
  
944  
00:36:03,580 --> 00:36:05,420  
我们不是替患者去解决病痛  
  
945  
00:36:05,700 --> 00:36:09,170  
我们是患者自愈过程中的一个帮助者  
  
946  
00:36:09,370 --> 00:36:10,650  
我一直是这么认为的  
  
947  
00:36:11,010 --> 00:36:12,130  
无论小到一个感冒  
  
948  
00:36:12,130 --> 00:36:13,050  
大到一个癌症  
  
949  
00:36:13,360 --> 00:36:14,920  
我都把自己放在这个位置上  
  
950  
00:36:14,920 --> 00:36:20,580  
我们只是帮助他完成这个从疾病到康复的一个过程啊  
  
951  
00:36:20,660 --> 00:36:21,180  
帮助他  
  
952  
00:36:21,860 --> 00:36:22,060  
呃  
  
953  
00:36:23,740 --> 00:36:25,450  
那么这个，呃  
  
954  
00:36:25,770 --> 00:36:26,290  
这块呢  
  
955  
00:36:26,290 --> 00:36:28,900  
就是这么两张方就出来了  
  
956  
00:36:28,900 --> 00:36:30,180  
一个立法于上焦  
  
957  
00:36:30,220 --> 00:36:31,260  
一个立法于中焦  
  
958  
00:36:31,500 --> 00:36:32,220  
那么这个患者呢  
  
959  
00:36:32,220 --> 00:36:32,900  
我给他开方  
  
960  
00:36:32,900 --> 00:36:35,940  
当时啊，这个还是用这个难患作为他的一个线索吧  
  
961  
00:36:36,560 --> 00:36:40,440  
呃，当时我无意之中跟学生说了一句话  
  
962  
00:36:40,760 --> 00:36:41,960  
这句话我都忘了  
  
963  
00:36:42,470 --> 00:36:43,790  
但是我学生们记住了  
  
964  
00:36:43,790 --> 00:36:45,390  
所以后来他们才拍了照片  
  
965  
00:36:45,790 --> 00:36:45,990  
呃  
  
966  
00:36:45,990 --> 00:36:49,030  
后来因为我，我我自己临床上我真记不住我说过啥  
  
967  
00:36:49,390 --> 00:36:53,240  
我当时跟这个患者开完方开的就是茯苓杏仁甘草汤  
  
968  
00:36:53,240 --> 00:36:55,320  
我回头就跟旁边学生们说  
  
969  
00:36:55,320 --> 00:36:56,240  
我说你们注意啊  
  
970  
00:36:56,680 --> 00:37:00,180  
这个患者下一诊将变成举止姜汤  
  
971  
00:37:00,460 --> 00:37:03,140  
他的邪气下一诊他的疾病会消失  
  
972  
00:37:03,140 --> 00:37:04,500  
但是它将变成滑脉  
  
973  
00:37:04,800 --> 00:37:06,840  
而且变成滑向之后，中焦滑向它  
  
974  
00:37:07,160 --> 00:37:07,880  
痰阻气密  
  
975  
00:37:08,400 --> 00:37:12,760  
他病好了之后，我们有必要把他的痰把它再卸掉  
  
976  
00:37:13,040 --> 00:37:16,040  
要不然下一诊好了之后，他再过不久啊  
  
977  
00:37:16,240 --> 00:37:19,080  
过个半一年半载或者多长时间，他还得来  
  
978  
00:37:19,690 --> 00:37:20,650  
我说过这原话吧  
  
979  
00:37:20,970 --> 00:37:22,250  
哎，你看好几个同学都点头  
  
980  
00:37:22,250 --> 00:37:24,440  
当时这是我我说的原话，呃  
  
981  
00:37:24,480 --> 00:37:26,440  
结果这事儿我说完我就忘了  
  
982  
00:37:26,800 --> 00:37:27,680  
那很多人不相信  
  
983  
00:37:27,680 --> 00:37:29,280  
说，张老师你这肯定是特意的  
  
984  
00:37:29,280 --> 00:37:30,550  
你还能真忘我  
  
985  
00:37:30,550 --> 00:37:33,230  
学生们都相信我，这人忘性极大  
  
986  
00:37:33,270 --> 00:37:36,150  
大到你无法想象我，啥事我都不记着  
  
987  
00:37:36,430 --> 00:37:37,110  
过去就忘  
  
988  
00:37:37,580 --> 00:37:38,180  
过去就忘  
  
989  
00:37:38,180 --> 00:37:42,700  
甚至很多人认为很重要的事，我只记得当下  
  
990  
00:37:43,580 --> 00:37:44,660  
我只记得当下  
  
991  
00:37:45,140 --> 00:37:48,540  
呃，有的时候想想以后过去的事我就都不记人了  
  
992  
00:37:48,580 --> 00:37:49,100  
都不记人了  
  
993  
00:37:49,100 --> 00:37:50,660  
我这人你让我记住啥事  
  
994  
00:37:50,940 --> 00:37:52,700  
那太难了，太难了  
  
995  
00:37:52,860 --> 00:37:56,420  
甚至很多跟我有直接关系的事，儿啊  
  
996  
00:37:56,820 --> 00:37:58,620  
直接关系的事，甚至就说白了就是钱  
  
997  
00:37:59,220 --> 00:38:00,260  
钱我都记不住啊  
  
998  
00:38:00,780 --> 00:38:04,800  
当然我说的钱就是就是几千块几千块的钱啊，我都记不住  
  
999  
00:38:05,320 --> 00:38:07,490  
那你说我还能记住啥事啊  
  
1000  
00:38:07,570 --> 00:38:10,090  
从别人来看，我这人废人一个啊  
  
1001  
00:38:10,450 --> 00:38:12,090  
废人一个啊  
  
1002  
00:38:13,010 --> 00:38:13,250  
嗯  
  
1003  
00:38:16,330 --> 00:38:18,770  
那么就是这个事，后来结果第二周  
  
1004  
00:38:21,010 --> 00:38:23,250  
真来了，这患者还挂上号了  
  
1005  
00:38:23,410 --> 00:38:26,370  
来了之后一摸脉滑向，哎  
  
1006  
00:38:26,490 --> 00:38:27,810  
我这时候就可有意思了  
  
1007  
00:38:27,810 --> 00:38:28,690  
跟小孩似的  
  
1008  
00:38:28,850 --> 00:38:30,010  
哎，我说这个有意思诶  
  
1009  
00:38:30,280 --> 00:38:32,200  
我说上周开的福苓杏仁甘草汤  
  
1010  
00:38:32,520 --> 00:38:35,600  
但这一周的麦我咋想给他开菊酯姜汤呢  
  
1011  
00:38:36,090 --> 00:38:37,370  
当时旁边学生就提醒我  
  
1012  
00:38:37,370 --> 00:38:37,530  
哎  
  
1013  
00:38:37,530 --> 00:38:39,250  
老师，上周你说这事了  
  
1014  
00:38:39,530 --> 00:38:40,850  
然后当时就有学生过来拍照  
  
1015  
00:38:41,010 --> 00:38:41,730  
哎，我一拍脑门  
  
1016  
00:38:41,730 --> 00:38:41,850  
哎  
  
1017  
00:38:41,850 --> 00:38:43,170  
我上周好像是说了哈  
  
1018  
00:38:43,910 --> 00:38:48,430  
想起来了之后我就把把这个事当个事了  
  
1019  
00:38:48,670 --> 00:38:50,710  
我说同学们呢，证明一个问题  
  
1020  
00:38:52,100 --> 00:38:54,380  
我看病吧，我就跟小孩似的  
  
1021  
00:38:54,700 --> 00:38:55,820  
就觉得特别好玩  
  
1022  
00:38:55,980 --> 00:38:56,380  
你知道吧  
  
1023  
00:38:56,380 --> 00:38:58,500  
就觉得特别好玩，特别有趣味  
  
1024  
00:38:58,940 --> 00:38:59,780  
我说说明  
  
1025  
00:39:00,400 --> 00:39:05,200  
老先师一百八一千八百年前写这个语序  
  
1026  
00:39:06,010 --> 00:39:07,890  
可能是有目的的  
  
1027  
00:39:08,210 --> 00:39:09,290  
我当时说这句话了吧  
  
1028  
00:39:09,570 --> 00:39:12,170  
可能有次第，所以这事我就记住了  
  
1029  
00:39:12,690 --> 00:39:12,890  
哎  
  
1030  
00:39:12,890 --> 00:39:14,610  
要没有点特殊事，我记不住啊  
  
1031  
00:39:14,610 --> 00:39:15,890  
所以我这个我就记住了  
  
1032  
00:39:15,970 --> 00:39:16,690  
我说这个，哎  
  
1033  
00:39:16,770 --> 00:39:18,930  
我说咱们讲到那的时候提醒我啊  
  
1034  
00:39:19,090 --> 00:39:20,330  
我说我要讲这个条文  
  
1035  
00:39:20,810 --> 00:39:22,050  
为啥我要讲这个病例  
  
1036  
00:39:23,030 --> 00:39:23,710  
他有次序  
  
1037  
00:39:24,070 --> 00:39:25,710  
那么这个我就思考了一个问题  
  
1038  
00:39:26,190 --> 00:39:27,990  
上交的问题解决了之后  
  
1039  
00:39:28,390 --> 00:39:30,470  
那么有可能它就变成了中焦的问题  
  
1040  
00:39:30,790 --> 00:39:32,070  
那么你再思考一下  
  
1041  
00:39:32,790 --> 00:39:35,190  
是上焦的病变成了中焦病吗  
  
1042  
00:39:36,060 --> 00:39:36,740  
那是什么  
  
1043  
00:39:36,780 --> 00:39:37,180  
不是  
  
1044  
00:39:37,340 --> 00:39:38,180  
我也认为不是  
  
1045  
00:39:38,340 --> 00:39:39,140  
那是什么  
  
1046  
00:39:40,430 --> 00:39:41,310  
我是这么想的啊  
  
1047  
00:39:41,310 --> 00:39:43,190  
同学们，你想想是不是这个道理啊  
  
1048  
00:39:43,830 --> 00:39:44,830  
那么我们说  
  
1049  
00:39:46,070 --> 00:39:47,830  
其实从内经的角度上来说  
  
1050  
00:39:48,770 --> 00:39:48,970  
呃  
  
1051  
00:39:49,130 --> 00:39:51,930  
有这么一个道理，还是回到那个解剖学上  
  
1052  
00:39:51,930 --> 00:39:53,850  
也就是中医解剖学经络啊  
  
1053  
00:39:54,010 --> 00:39:56,250  
回到这个上头肺经的循行  
  
1054  
00:39:56,470 --> 00:39:59,990  
我们说肺手太阴之脉起于中焦  
  
1055  
00:40:00,870 --> 00:40:03,550  
下络大肠，还循胃口  
  
1056  
00:40:04,860 --> 00:40:05,580  
上膈属肺  
  
1057  
00:40:05,900 --> 00:40:06,700  
是这么说的吧  
  
1058  
00:40:07,140 --> 00:40:09,980  
那么为什么只有肺手太阴之脉，它起于中焦  
  
1059  
00:40:10,460 --> 00:40:11,900  
他为什么不起于肺呢  
  
1060  
00:40:12,770 --> 00:40:13,570  
那你心脏  
  
1061  
00:40:14,710 --> 00:40:17,110  
心手少阴之脉起于心中  
  
1062  
00:40:17,870 --> 00:40:18,670  
出，属心系  
  
1063  
00:40:18,710 --> 00:40:19,430  
是不是  
  
1064  
00:40:20,590 --> 00:40:23,820  
那么，为什么肺经是起于中焦  
  
1065  
00:40:24,060 --> 00:40:25,340  
因为中焦主脾土  
  
1066  
00:40:25,940 --> 00:40:28,260  
肺主肺金，土生金吗  
  
1067  
00:40:29,190 --> 00:40:31,430  
所以中焦为上焦之化缘  
  
1068  
00:40:32,110 --> 00:40:34,270  
那么我们常老百姓都懂得一个道理  
  
1069  
00:40:34,550 --> 00:40:36,910  
叫上梁不正下梁歪嘛  
  
1070  
00:40:37,950 --> 00:40:38,870  
是不是这个道理啊  
  
1071  
00:40:39,110 --> 00:40:40,990  
那么你中焦是上焦的化缘  
  
1072  
00:40:41,350 --> 00:40:43,550  
你说它的源头，你这就病了  
  
1073  
00:40:43,880 --> 00:40:44,880  
累积到了上交  
  
1074  
00:40:44,920 --> 00:40:47,360  
我第一诊治的只是你的冰山一角  
  
1075  
00:40:47,980 --> 00:40:49,500  
当冰山一角化开的时候  
  
1076  
00:40:49,500 --> 00:40:51,220  
底下冰山的根儿就浮出来了吧  
  
1077  
00:40:51,580 --> 00:40:53,100  
上交解决了，就出下焦  
  
1078  
00:40:53,340 --> 00:40:56,740  
所以仲景先师的这个文章的论述太牛了  
  
1079  
00:40:57,130 --> 00:40:58,930  
他就是先讲上焦，后讲下焦  
  
1080  
00:40:59,170 --> 00:41:00,930  
你先把上焦治好  
  
1081  
00:41:01,790 --> 00:41:04,150  
下焦不是那个先把上焦的问题治好  
  
1082  
00:41:04,390 --> 00:41:07,570  
中焦的根源自然就会出现  
  
1083  
00:41:08,090 --> 00:41:10,690  
从源到流都给你准备好了  
  
1084  
00:41:10,690 --> 00:41:12,410  
这个叫诸葛亮的锦囊妙计  
  
1085  
00:41:12,450 --> 00:41:15,200  
一个接一个，没错吧  
  
1086  
00:41:15,400 --> 00:41:17,160  
让我想起了一个民间传说啊  
  
1087  
00:41:17,520 --> 00:41:19,000  
那么讲，当个笑话讲讲吧  
  
1088  
00:41:19,200 --> 00:41:20,240  
当个故事讲讲啊  
  
1089  
00:41:20,640 --> 00:41:23,410  
那么就就结束我们今天的课  
  
1090  
00:41:23,410 --> 00:41:23,530  
唉  
  
1091  
00:41:23,530 --> 00:41:25,490  
但结束之前，我先讲讲这两张方子啊  
  
1092  
00:41:25,970 --> 00:41:27,580  
差点忘了，对  
  
1093  
00:41:27,580 --> 00:41:28,580  
玩着玩着高兴了  
  
1094  
00:41:28,580 --> 00:41:29,260  
差点忘了  
  
1095  
00:41:29,460 --> 00:41:30,220  
就这两张放子  
  
1096  
00:41:30,220 --> 00:41:32,220  
其实特别简单啊这，你不用想太多  
  
1097  
00:41:32,660 --> 00:41:34,020  
呃，第一个呢  
  
1098  
00:41:34,470 --> 00:41:36,790  
那么茯苓杏仁无非是开胸利气  
  
1099  
00:41:37,550 --> 00:41:39,030  
甘草培土生金，对吧  
  
1100  
00:41:39,350 --> 00:41:42,270  
它是以以这个清上焦为主的  
  
1101  
00:41:42,630 --> 00:41:45,190  
清上焦你得这么清清中焦怎么清  
  
1102  
00:41:45,670 --> 00:41:47,680  
陈皮枳实，没错吧  
  
1103  
00:41:48,160 --> 00:41:48,360  
唉  
  
1104  
00:41:48,360 --> 00:41:53,000  
陈皮只是配生姜，生姜煮主横行对吧  
  
1105  
00:41:53,370 --> 00:41:53,970  
陈皮呢  
  
1106  
00:41:53,970 --> 00:41:55,770  
主胸中甲而逆气利水谷啊  
  
1107  
00:41:55,770 --> 00:41:59,530  
整个就是立那个中焦的饮食水谷糟粕对不对啊  
  
1108  
00:41:59,810 --> 00:42:01,450  
糟粕立了，清扬就生了  
  
1109  
00:42:02,170 --> 00:42:04,690  
糟粕和津液立了，宗气就生了  
  
1110  
00:42:04,810 --> 00:42:07,530  
那我们再以刚才那个中气立论来统摄一下  
  
1111  
00:42:07,690 --> 00:42:10,730  
我们说这个五谷入于胃之后  
  
1112  
00:42:11,240 --> 00:42:13,960  
那么分为三岁对吧  
  
1113  
00:42:14,120 --> 00:42:14,920  
分为三条道  
  
1114  
00:42:15,080 --> 00:42:16,400  
那么三条道分别是什么  
  
1115  
00:42:16,680 --> 00:42:18,520  
糟粕，一条津液一条  
  
1116  
00:42:19,080 --> 00:42:19,640  
那么中气  
  
1117  
00:42:19,640 --> 00:42:21,520  
一条为了宽中气  
  
1118  
00:42:21,840 --> 00:42:28,260  
那么我们说利津液以通行中气的就是茯苓杏仁甘草汤  
  
1119  
00:42:29,500 --> 00:42:32,260  
利糟粕以行中气的就是谁啊  
  
1120  
00:42:32,930 --> 00:42:33,530  
举止相谈  
  
1121  
00:42:33,530 --> 00:42:35,010  
我们从这个角度再次穿一圈  
  
1122  
00:42:35,170 --> 00:42:36,410  
那大伙就都明白了吧  
  
1123  
00:42:36,890 --> 00:42:39,770  
那么最后我就想起来这个写作的规律啊  
  
1124  
00:42:40,270 --> 00:42:42,710  
相传，但是这个我认为是老百姓编的啊  
  
1125  
00:42:42,990 --> 00:42:44,430  
就说那个呃  
  
1126  
00:42:44,870 --> 00:42:46,600  
刘伯温，相传嘛  
  
1127  
00:42:46,600 --> 00:42:47,960  
后来到了诸葛亮墓里  
  
1128  
00:42:47,960 --> 00:42:51,450  
是不是，然后看见那个诸葛亮的墓的那个长明灯灭了  
  
1129  
00:42:51,770 --> 00:42:54,290  
但这个我认为不太符合那个物理啊  
  
1130  
00:42:54,530 --> 00:42:57,660  
但是他讲的是古人的一个房间的一个故事  
  
1131  
00:42:57,660 --> 00:42:58,940  
说那个呃  
  
1132  
00:43:00,230 --> 00:43:00,710  
说，哎  
  
1133  
00:43:00,710 --> 00:43:02,270  
你的灯油也能灭吗  
  
1134  
00:43:02,270 --> 00:43:02,550  
对吧  
  
1135  
00:43:02,830 --> 00:43:07,150  
然后那个然后怎么着那个那个让兵丁点着了  
  
1136  
00:43:07,150 --> 00:43:10,750  
灯看墙上有字，就告诉他说你帮我把灯点上  
  
1137  
00:43:11,140 --> 00:43:15,900  
那么这个我认为为什么是是有点有点有点那个什么呢  
  
1138  
00:43:15,900 --> 00:43:17,940  
因为咱们都知道墓道里头它没有氧气  
  
1139  
00:43:18,530 --> 00:43:20,930  
所以你这个它它有灯油，它也不亮嘛  
  
1140  
00:43:20,930 --> 00:43:21,250  
对吧  
  
1141  
00:43:21,530 --> 00:43:24,090  
那这个就是老百姓一个附会的道理  
  
1142  
00:43:24,290 --> 00:43:25,650  
但是有的时候想想啊  
  
1143  
00:43:25,650 --> 00:43:29,130  
有些房间老百姓传的故事也挺有意思啊  
  
1144  
00:43:29,490 --> 00:43:30,170  
他讲的呢  
  
1145  
00:43:30,210 --> 00:43:32,650  
其实这个道理是通的  
  
1146  
00:43:32,930 --> 00:43:35,690  
我们今天的人，哪怕科技日新月异  
  
1147  
00:43:36,190 --> 00:43:37,350  
到了今天这种程度  
  
1148  
00:43:37,590 --> 00:43:40,230  
其实你回头再看古人的经典论述  
  
1149  
00:43:40,510 --> 00:43:43,550  
你还是发现它其中有那么美丽的  
  
1150  
00:43:43,550 --> 00:43:46,530  
千丝万缕的道法自然的联系  
  
1151  
00:43:46,810 --> 00:43:50,730  
在今天依然在临床上可以用来整衰救困  
  
1152  
00:43:50,810 --> 00:43:51,570  
救死扶伤  
  
1153  
00:43:51,880 --> 00:43:52,600  
那么讲到这儿呢  
  
1154  
00:43:52,600 --> 00:43:54,040  
今天的课就到此为止  
  
1155  
00:43:54,040 --> 00:43:55,160  
好下课吧同学们